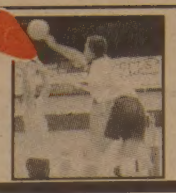
Satisfying your sweet-tooth
Page 5

Christmas pull-out
Page 13



Men's V-ball action
Page 24

NIAGARA COLLEGE
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WELLAND CAMPUS
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NIAGARA NEWS

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DEC. 10, 1999 | FREE | VOLUME 30 ISSUE 6

Lighting up the holidays

The weather may become frightful but the scenery is so delightful. From a horsedrawn carriage ride in the snow to sightseeing, Niagara Falls sparkles like a gem during the Festival of Lights.
Photos by Penni Lafleur

Van der Slagt to retire in June

By JOHN ROBBINS
Staff Writer

After more than 20 years at Niagara College, Hans van der Slagt is stepping down from his position as vice-president of administration, effective June 30, 2000.

"Hans has seen this college through thick and thin," said Dan Patterson, president of Niagara College, commenting on van der Slagt's decision to retire.

"His counsel and advice have been deeply appreciated, and I shall miss him greatly."

Van der Slagt, 56, came to Niagara College in October 1979, having accepted the position of dean of business and hospitality as it was then known. For several years during his tenure as dean, Van der Slagt taught a variety of business-related courses, including retail accounting.

He was appointed vice-president of administration in 1988 by Jackie Robarts, president of Niagara College from 1978 to 1990.

"Hans is a true visionary," said colleague Bonnie Rose, vice-president academic.

"He is a charming individual whose sense of humour and artistic flair have endeared him to us all."

Martha Casson, vice-president of the enterprise and service development division, said, "Thinking about his retirement is very difficult."

"I can tell you, we have the best vice-president of administration in the entire college system."

Van der Slagt said he looks forward to spending more time with his family — his wife Jill, his two sons, Grant, 30, and Graham, 28, and especially his two-year-old granddaughter, Emma.

Upon retirement, van der Slagt said he plans to travel, to do more volunteer work in the community and to encourage up-and-coming, local artists in pursuit of their craft.

"Art," he said, "is part of our family history."

Each summer since 1972, van der Slagt and his wife have travelled to the Haliburton, Ont., campus of Sir Sandford Fleming College to take art courses ranging from painting to weaving.

It's through art and his connection to the art community, said Van

Continued on page 12

Niagara hosts Career Expo

By MATT HOLLEY
Staff Writer

Niagara College once again aided students searching for a career.

The Welland campus held its sixth annual High-Tech Career Expo on Nov. 23. The expo was on the ground floor next to the mini-cafeteria near the Lundy wing.

It was attended by eight employers and was open to all students, but was extensively geared to the students in the computer and mechanical engineering programs. About 400 students attended. It took place from 10 a.m. until 3 p.m. with a lunch served to the guests.

Tim Foster, the college's special event co-ordinator for employment services, said his office set up the event and then went looking for employers to come to the expo.

Robert Maunsell, plant engineer of Casco Inc.'s Port Colborne factory, said it is difficult finding qualified people to staff the plant.

Casco Inc. manufactures a wide variety of corn-derived products ranging from cornstarch to a direct substitute for sugar.

"We're looking for students with a technical degree, computer skills, teamwork skills, and people who are good communicators," said Maunsell.

Linda Roote, new media co-ordinator for Tri-Media Marketing and Publicity Inc. in Welland, said that company offers a full range of marketing services. She said the company designs everything from marketing plans to Web sites to advertising campaigns.

"We are looking for people from college because they have the most updated skills," she said.

Tri-Media was established in 1986 and now employs about 32 people, said Roote, adding she's a graduate of the college's Interactive Multimedia (Post-graduate) program. Tri-Media employs four graduates from Niagara.

Trent Thompson, an industrial sales representative for Schneider Electric, in Stoney Creek, said young people are really needed.

"What I've seen in your shops, you're learning the right thing," Thompson said. "You're being exposed to the proper equipment for industrial electrical products."

Schneider Electric employs about 1,300 people throughout Canada and also has a plant in Germany.

Hydac International was at the expo to recruit people for its hydraulic manufacturing process. Mike Lamers, a representative for Hydac, said many opportunities exist for students with the proper training.

"We're looking for people who have the training to be mechanical and manufacturing engineers."

Lamers said Hydac offers an extensive training program, which starts new employees out at entry-level positions.

Rockwell Automation, in Cambridge, Ont., Canadian Tire Acceptance Ltd., in Welland and Gennum Corp., in Burlington, also attended the expo.

Employment Services co-ordinates several fairs every year. The staff will be organizing a large, joint career fair on March 15, 2000, with Brock University. The fair will be held at Niagara College's Glendale campus in Niagara-on-the-Lake and will be open to all students and alumni from both schools. For more information on this event or any others, contact Employment Services at any campus.

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SAC

SAC, Canadian Tire working to feed needy

Food for Friends collection a success

By ROBERT LAPENSÉE
Staff Writer

With the help of Canadian Tire, the Student Administrative Council (SAC) is hoping to provide some good eating for students this holiday season.

"It's going exceptionally well this year," Patricia Pichette, Welland campus SAC vice-president of campus affairs, said of the Food for Friends food drive.

SAC is set to receive about $1,000 in food donations from Canadian Tire Acceptance in Welland, which has been collecting food from other places such as local supermarkets.

"This year there has been a great response from Canadian Tire and, as far as students go, we have five or six shelves of non-perishable food items," said David Seto, Welland campus SAC vice-president of campus events.

Canadian Tire's participation was initiated by Seto, with the assistance of last year's Welland campus SAC president, Jamie Ebsary.

"We had help from Jamie Ebsary. She was president last year and she came to the office and gave me the name and number and I went through with it," said Seto.

Students can participate in the annual food drive, which started Nov. 1, by dropping non-perishable food in the boxes wrapped up in Christmas paper. The boxes are scattered at the three campuses in Welland, Niagara-on-the-Lake and Niagara Falls.

Seto said a variety of items have been donated, such as pasta, canned goods, Jell-O, hygiene products, and soups and vegetables.

Pichette said there was also a good reception for the brown bag program for college teachers and staff.

"All teachers and staff were given a memo and a brown bag," said Pichette, adding SAC has collected the brown bags, filled by staff members and teachers.

Seto said SAC didn't set a goal for the food drive but hopes to collect as much as possible.

SAC collects food every year to help any students who wish to use the service. Students can collect up to five grocery bags of food a week. The food drive ends on Dec. 17.

Patricia Pichette, Student Administrative Council vice-president of campus affairs, stacks non-perishable canned-food collected from the food drop boxes scattered around campus. SAC hasn't set a specific goal for the food drive, but is hoping to collect as much as possible.

Photo by Robert Lapensée

"Well put together, I enjoyed every minute of the exhibition. Excellent!" – Trevor B.

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PRESENTS

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FROM SFX ENTERTAINMENT

#08

RMS TITANIC, INC.

Winterfest cure for wintertime blues

By JOHN ROBBINS
Staff Writer

If you're likely to get the winter blues this year, sucking Jello through a straw just might be what the doctor ordered.

This and many other events will highlight this year's Winterfest, Jan. 17 to 21 at the Welland campus.

Returning students will remember this event by its former name, Wintercourse.

"Lose those winter blahs," said Lee Whitehead, member of Student Administrative Council (SAC) and the Winterfest committee.

In addition to the Jello sucking contest, Whitehead said the lineup of events will include milk-chugging, a scavenger hunt, outdoor volleyball, and a relay race using only Life Saver candies and toothpicks.

For would-be performing artists there will be a talent show and either an air band or karaoke competition. The talent show will be held in the After Hours pub, Welland campus, although the date and time have yet to be announced.

While there is no cost to students, last year SAC set aside about $3,000 as its budget to put up prize money and cover the cost of organizing the events.

Whitehead said teams should be from four to six members, and interested groups can sign up at the SAC office.

Event planning and budgeting will be finalized when the committee makes a final presentation at the December meeting of SAC.

Although the prizes have yet to be determined, Whitehead said the Winterfest committee will have much to give away, including CD gift certificates, movies passes, sweatshirts and dinner certificates at a local restaurant.

"It's not like 'Who Wants to Be a Millionaire?' but you can win prizes and have fun at the same time," Whitehead said.

Sport-event tickets make perfect Christmas gift

By JASON VIZBULIS
Staff Writer

If Christmas shopping is a problem, the Student Administrative Council (SAC) at Niagara College may have a solution for you.

SAC is offering two trips in the new year and tickets are on sale.

SAC is selling tickets now to see the National Football League's (NFL) Indianapolis Colts play the Buffalo Bills on Jan. 2, 2000. Indianapolis features one of the NFL's premier young quarterbacks in Peyton Manning and potential superstar running back, Edgerrin James.

This is the last week of the NFL's regular season schedule and the game may have playoff ramifications.

SAC is offering tickets for $40 each without transportation.

On Jan. 28, 2000, the National Basketball League's Miami Heat will be in Toronto to take on the Raptors. Toronto's high-flying Vince Carter will match up against Miami's Tim Hardaway for some rim-rattling action.

SAC is providing a bus for the excursion at a cost of $30 a person.

David Seto, vice-president of campus events for the Welland campus, said SAC has already sold 15 tickets for the Buffalo game and nine for the basketball game.

Seto said the tickets could be a good Christmas gift idea because "people want something other than just clothes."

Tickets for both events can be picked up at any SAC office at the campuses in Welland, Niagara Falls and Niagara-on-the-Lake.

On Campus

Piper gets it all

By JAMIE McINTOSH
Staff Writer

Craig Piper has been at Niagara College longer than most of the students here have been alive.

Piper, 48, of St. Catharines, has worked in the shipping and receiving department at the Welland campus for 27 years. He controls the flow of materials in and out of the college.

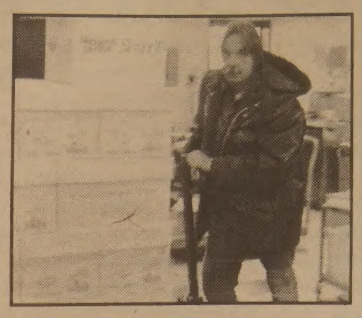
"Everything comes in here. You name it – everything comes in here. You'd be shocked sometimes at what we get in here – everything for everybody on this campus including the bookstore," said Piper.

The receiving department gets all types of deliveries, from small single envelopes from couriers to loads carried in transport trucks.

"Yesterday I had a 53-footer in here," said Piper, referring to the trailer size.

Piper regulates most of the supplies for the Welland campus, such as paper and envelopes. He said when someone wants something they send him a requisition.

After high school, Piper worked in a factory for "a couple of years" before getting a job at the college. "I don't know if you want to put it in, but there used to be three of us here," said Piper. "There was a supervisor and two clerks. When the supervisor retired they didn't replace him."



CRAIG PIPER

Piper is the only clerk left. "They won't give me a title."

Piper said the job isn't stressful, but it does get busy sometimes and things have to be held over to the next day. "There aren't enough hours in a day."

Piper works alone in the department although, he said, the "custodians usually deliver the stuff to the different areas. Sue, the mail girl, helps me out when it gets busy."

Piper said he enjoys the job and "wouldn't have stayed this long" if he didn't.

Piper gets along with his supervisor. "I've been here so long he doesn't really bug me."

Even though he's been here a long time and the college has grown a great deal, Piper said, "Nothing's really changed."

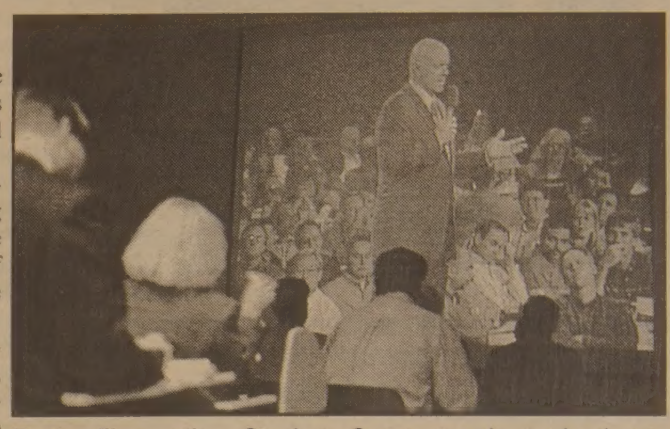
4th annual Worldwide Lessons in Leadership broadcast via satellite

By SAM BAYLY
Staff Writer

Eyes and ears from around the globe focused on what the top minds in business leadership had to say at the fourth annual Worldwide Lessons in Leadership.

The show included motivational speeches from Stephen Covey, the best-selling author of Seven Habits of Effective People, and Ken Blanchard, the author of Business Week best-sellers The One Minute Manager and Gung Ho!

"My goal in life is to be the kind of person my dogs think I am," said Blanchard, whose humourous and often heart-warming words received positive feedback from the audience and the other business leaders who participated.



Best-selling author Stephen Covey speaks to business people across the globe via satellite for the Worldwide Lessons in Leadership conference on Nov. 17.

Photo by Sam Bayly

Ted Turner, vice-president of Time Warner Systems and CNN founder, Steve Chase, CEO and founder of America Online, and Richard Branson, CEO of Virgin Group Ltd., covered topics from successful management to VCRs.

"I have to have an engineer living with me," said Turner, who was commenting on the complexity of today's home entertainment equipment.

Both Chase and Branson agreed successful businesses reach the top because of leaders who "never give up."

"Lots of people will tell you it's been done before. Don't take no for an answer if you believe in your heart," said Branson.

Management teams and corporate clients came from all areas of business in the region to see the show, said Linda Saari, the college's manager of Customized Training and Consulting.

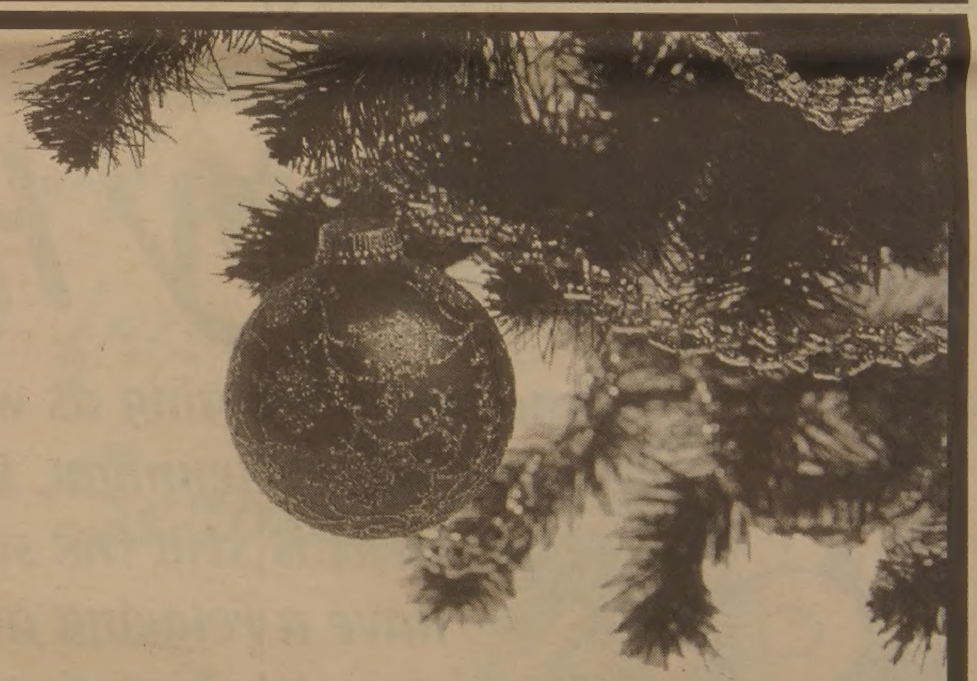
The college sold 118 tickets for its "larger than ever" third showing of the event, said Saari.

Niagara College showed the satellite broadcast at the Glendale campus' Yerich Auditorium in Niagara-on-the-Lake. It was televised live across North America and Europe on Nov. 17.

She added they would like to show the event again as the audience gets "a little bigger every year."

Tickets sold at $199 plus GST or $179 plus GST for individuals in groups of five or more.

Dan Patterson, President



My sincere best wishes to all students and staff for a warm, safe and peaceful holiday season. May you return in 2000 re-energized and ready for success.

On Campus

Three first-year students win alumni scholarships

Niagara College President Dan Patterson presented the Alumni Entrance Scholarship awards to, from left, Phyllis King, Jodi Broere and Geoffrey Visentin.

Photo by Penni Lafleur

By PENNI LAFLEUR
Staff Writer

Each student is given the opportunity to apply for it, yet only three can win.

In June of each year when registration packages are distributed to students, an application form is included to apply for an entrance scholarship. A process committee sifts through the applications to determine the winners.

The Niagara College Alumni Entrance Scholarships were awarded on Nov. 24 to three high-achieving first-year students.

Liz Palmieri, Niagara College Foundation capital campaign consultant, said at the presentation, "We are proud we are able to give these scholarships to you."

Jodi Broere, 18, of Fenwick, received the scholarship for the student entering college directly from high school with the highest academic average in Ontario Academic Credits (OAC) courses. The Office Administration – Executive program student achieved an average of 90.8 per cent as her final mark in high school.

Geoffrey Visentin, 18, of Niagara Falls, received the scholarship for the student entering college directly from high school with the highest academic average who was not an OAC student. The Computer Programmer/Analyst program student achieved an average of 89.7 per cent as his final mark in high school.

Phyllis King, 39, of Welland, received the scholarship given to the adult learner with the highest academic average from high school transcripts or from the mature student testing at Niagara College. The Educational Resources and Special Needs (ERSN) program student achieved 98 per cent on the mature student test.

Niagara College President Dan Patterson, Isabell McGarry, administrative assistant for the foundation, and program co-ordinators Pat Frank, of the ERSN program, and Christine Berkhout, of the Office Administration program, presented the students with cheques for $500 and framed certificates. Because of class scheduling problems, Peter Vanscoy, co-ordinator of the Computer Programmer/Analyst program, was unable to attend.

Niagara's January Start programs give students a second chance

15 programs offer students a way to fast-track, finish in July

By PAUL MOONEY
Staff Writer

As the end of the first semester approaches, many students are left with a very serious decision to make: to withdraw or continue. January Start programs can help solve that dilemma.

According to Al Vaughan, the college's registrar, that's how most students perceive their options at the end of "a relatively unsuccessful study period."

"Many students don't realize that they have the opportunity for a fresh start," says Vaughan, a director at Niagara College's Enrolment and Registration Services.

Vaughan, 43, of Welland, would like to remind students there are "various routes from which they can choose from."

For the past 10 years Niagara College has offered January Start programs.

"There are 15 programs, this year, in which students can enrol in January, as of first semester."

Vaughan says there are many reasons why students have difficulty in the first semester.

"Often students can't handle the freedom associated with being away from home while others perhaps are experiencing problems of a more personal nature."

January programs run through to July and are recognized as a full year of study.

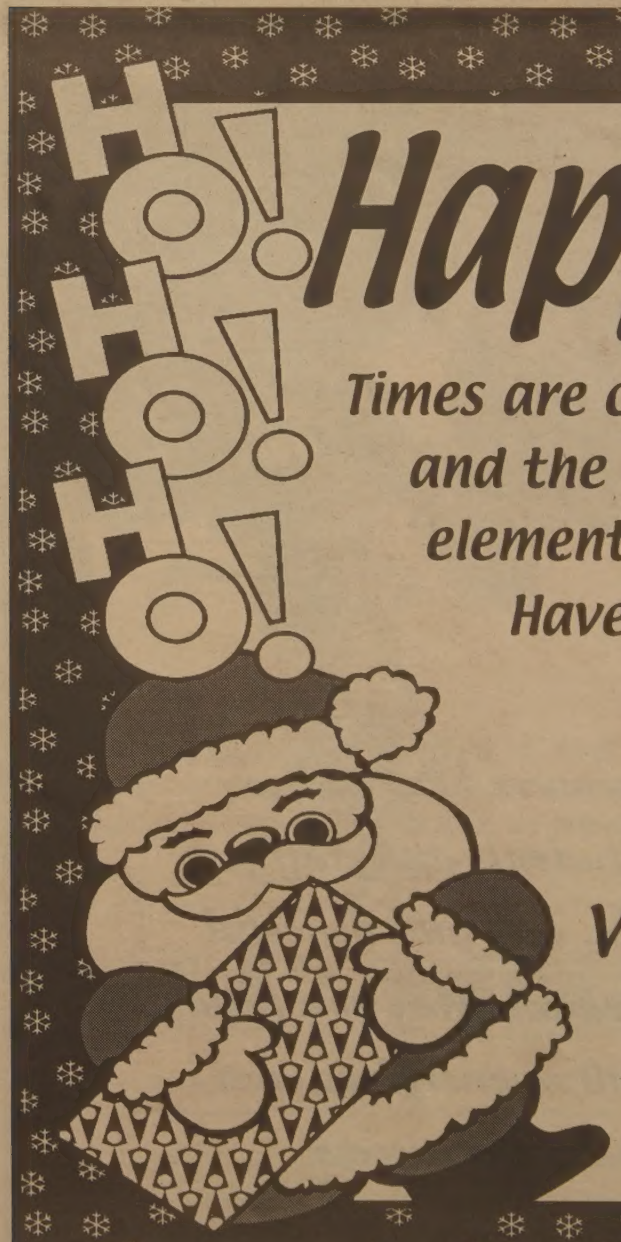
The fact second semester of January Start programs ends in July is a "concern for some" according to Vaughan.

"This aspect often scares students away because they fear they won't have the opportunity to make much-needed money for school in the summer," says Vaughan.

Vaughan assures students, however, the Ontario Student Assistance Program takes your study time period "into consideration when they do an assessment."

Fifteen per cent of the student population are January Start students. This is a percentile, Vaughan says, Enrolment Services would like to improve.

"January programs are not only for the non-traditional students. I think once students with less unique situations realize that, the programs will be better utilized," says Vaughan, adding, "These programs are ideal for students who are looking to fast-track as well."



Happy Holidays!

Times are changing as we move into the new year and the millennium, but the most important element is still the success of our students.
Have a relaxing and enjoyable break.
We look forward to seeing you next term.

Bonnie Rose
Vice-president, Academic
&
Pat Clay
Administrative Assistant

STOCKING STUFFERS

No money for Christmas

Students think about jobs to get them money for the holidays

By PAUL MOONEY
Staff Writer

As the festive season sets in so do many scary realizations for some of Niagara College's student body. Joel Herrington, of St. Catharines, is feeling the pressure of exam time as well as "end-of-term financial stresses."

Herrington, 20, has recently attempted to get a job "primarily" for the Christmas shopping season. "I started to ponder the idea of employment near mid-November mainly because I noticed all the job listings posted outside the employment office," said Herrington.

"OSAP (Ontario Student Assistance Program) provided me with just enough money for the school term," he said, adding he didn't expect the government to compensate for "present money as well."

"I don't have money to buy my family anything for Christmas which is very depressing."

Herrington said after making "several inquiries" he gave up on the idea of working for the holidays.

"It's a no-win situation," explains Herrington. "If I stay the holidays in St. Catharines near school and work so I have money to buy presents, I won't be able to spend any substantial amount of time during the holidays with my family."

> ***'I don't have money to buy my family anything for Christmas . . .' — Joel Herrington***

Although many corporations hire for the holiday season, several can't provide students with reasonable hours because of the hectic season.

Prior to the Christmas holidays, Herrington said he didn't think he could handle the combined responsibilities of work and school.

"Many employers are very unforgiving when it comes to a student's schedule," said Herrington, who earlier in the year worked briefly at a restaurant.

"When I accepted the job, my employer, in theory, worked around my school schedule, meaning he didn't schedule me during class."

Herrington said he attempted to explain to his former employer that a lot of his school work took place after class but the employer failed to adjust his schedule.

Janet Forfar, of Niagara College's Employment Services, says Herrington's situation is typical of many students.

"Most students have very little money for extra expenditures," said Forfar, adding there is no "simple solution to students' financial stresses, especially this time of year."

Forfar suggests that students try to find employment on campus.

"If a student wants assurance that their academic schedule will be respected, on-campus work is the best way to go," said Forfar.

"The best way to avoid having no money come Christmas time is to seek out work early in the semester," said Forfar.

Chocolate on campus

By CASSANDRA SIMONS
Staff Writer

Chocolates, chocolates and more chocolates.

Sheryl Cronsberry, 34, of Hamilton, had a booth of assorted chocolates set up at Niagara College's Welland campus on Dec. 2.

Cronsberry makes all of the chocolates herself by using chocolate moulds. She has been making the chocolates for six years for hospitals, schools and craft shows.

"I make everything — all of the chocolates, the designs and the candy kabobs. It's very time consuming because it's very detailed. You work with many different colours, and you have to tamper with the chocolate as well."

Cronsberry has three part-time workers and one full-time worker who do the packaging and the candy kabobs. "I do all of the harder things."

She said she enjoys making the chocolates. "It's always interesting to create new designs and to come up with new ideas."

She said the worst thing about doing a "vendor's corner" is setting up her stand and tearing it down again.

"Aside from that, I think I do well because there's a wide variety of chocolates, and the specialized colour detailing is appealing to people."

She said every season she comes up with eight to 10 new products or new ideas.

"This is the first season I have used dentures, skateboards, dipped Oreo cookies, golf balls, truffles and hot-chocolate spoons."

Other chocolates that were being sold were shaped like guitars, cordless phones, calculators, television remote controls, bingo cards, Christmas presents, sleighs, Santas, angels and candy canes. She was also selling large chocolate pills with the saying "Chocoholic diet pills" on them.

She said it's hard to tell how long it takes to make the chocolate moulds and designs because she does more than one mould at a time.

"I came to Niagara College at Halloween this year. I'll come again for Easter."

Happy Holidays
from your friends at
Student Services
* Aboriginal Education Access
* Athletics and Recreation
* Centre for Students with Disabilities
* Student Administrative Council
* Counselling, Health and Peer Services
* Prior Learning Assessment (PLA) and Advanced Standing
* Student Administrative Council
* Student Residence
See You Next Year!

EDITORIAL

The Niagara News is a practical lab for the Journalism-Print program, covering the college community and other areas of interest.
Opinions expressed are not necessarily those of the management of the Niagara News or the administration of
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College needs 'Made in Niagara' solution

A government mandated system for evaluating the quality of college graduates entering the workforce has been implemented but a stepping stone from students to employers has been overlooked. Teachers are the foundation, the cornerstone, upon which we depend for creating the final product that will lead us into the next millennium.

We believe a "Made in Niagara" solution similar to the municipal amalgamation process, is needed for Niagara College. College President Dan Patterson, in a recent Niagara News article, said, "A smart organization finds ways and means of getting feedback from the frontlines."

Key Performance Indicators (KPIs) measure the quality of education provided by institutions of higher learning. The amount of funding received by colleges and universities is determined by the results of the KPI data. As with everything in this world, the better it looks on paper, the better an institution or corporation makes out.

This brings about a question of standards: Should the standards of education be raised in order to thin out the herd or should we lower the standards so that the results will be more appealing to the province.

The voices missing from the KPI evaluations are the voices of the faculty. While KPIs survey students and employers, the views of the faculty are not solicited. The views of the faculty regarding training issues are needed for the KPIs to be balanced and validated. The White Study, from York University, in Toronto, addresses the views and concerns of faculty.

In the White Study, the majority of those surveyed said stress levels have increased as the quality of education has declined. Could it be that the opinions of faculty have been overlooked because of their dissatisfaction as shown in the White Study?

A "Made in Niagara" solution is needed to amalgamate the views of administration and faculty of the college in order to cut the bureaucratic red tape.

Why aren't the union and administration coming up with a solution to these problems? Students are satisfied and employers are satisfied but faculty are not satisfied. Does this indicate that faculty feel that students are not receiving the quality of education they are paying for or, to ask further, does this mean that faculty feel that graduates aren't fully prepared?

If a "Made in Niagara" solution is good enough for the government of the region would a similar amalgamation of the views of all parts of the college be the key?

Tara Purpura

Learning to appreciate the holiday season

Christmas isn't what it used to be.

Remember the days when Christmas was about fun and excitement?

Now, to many people, Christmas is nothing more than a bother.

Yes, money is tight for some, but it's not all about money.

When people hate Christmas, and they are asked why, their answers are all the same: the lineups can be frustrating, the costs for popular items go up, and shoppers are in a hurry in the malls. This is all true, but that is Christmas. It only comes once a year.

To people who love Christmas, they love it for the beauty of it and the romance of it — a fireplace burning, the snow falling, giving a loved one a gift to be treasured.

They enjoy giving and they enjoy having fun with the season.

Those who don't enjoy the holidays are missing out on a lot of excitement. It's the season that you get a chance to show how you feel, to act like a child again and to get excited about receiving and giving gifts.

Like every situation in life, there are always frustrating things for every good thing that comes along.

If we wanted to, we could all look at Christmas and pick out the bad things about it. Why not look at Christmas and choose to see all the great things about it — the festivities and the joy.

For those who love Christmas, try not to lose sight of how wonderful the holiday season is. Never forget what made you love Christmas when you were a child. Those same things should make you happy even when you are an adult.

For those who don't enjoy the holidays, try to learn what everyone else loves about it. If so many people love Christmas, there must be something about it you can learn to love too.

Shannon Mastaler

Your voice or opinion is welcome in our Letters to the Editor section. Our policy regarding letter submission is this:
All letters must be received on the Friday one week prior to publication. Each letter must include the writer's name, campus, student identification number and program of study. All letters must be signed and include a day and evening telephone number for verification use only.
All letters can be mailed or brought to the Niagara News newsroom, Room S212, Simcoe Building, Welland Campus.

COMMENTARY

'Gender shopping' an uncomfortable experience

By PAUL MOONEY
Staff Writer

Just recently I went birthday shopping for my girlfriend. Shopping for females is an experience that makes most males, including me, very uncomfortable.

As part of the "fun of shopping" we guys are required to enter stores primarily directed toward females, so naturally, on my last mall voyage, eager to please, I swallowed my pride and entered the panty haven known as La Senza.

After browsing through thongs and other revealing garments I exited the store red-cheeked and feeling somewhat perverse.

I think many of these feelings could have been avoided if it had not been for the numerous stares in my direction and whispered conversations accompanied by female giggles. Feeling extremely embarrassed I decided to head for more neutral territory . . . the record store.

Prior to my shopping mission I was given strict instructions concerning a CD that I was to purchase. The compact disc, entitled **So,** by British artist Peter Gabriel, was the one my girlfriend wanted. Gabriel tends to be more popular with females, but I didn't perceive purchasing such an item to be cause for further embarrassment.

I asked a sales clerk for some assistance in my search. Upon my request she laughed and then asked, rhetorically: "This disc isn't for you, is it?" Now I was being mocked for wanting to buy a CD. I immediately became defensive and answered "no" in a very loud voice.

After paying for the CD I left the store in a hurry and proceeded toward the food court to give myself a chance to collect my thoughts and calm my nerves. Once seated I started to look over the back of the CD to ensure I had purchased the right one. To my surprise I noticed a song on this "feminine" CD that I liked.

The feelings of anger and embarrassment immediately left my body. I realized that my machismo had gotten the better of me. I had succumbed to "gender purchases" and the typical mentality of feeling forced to make them.

I should have been concentrating on the idealism behind gift giving, which is getting something special for someone who is special to you.

Letters to the Editor

United Way thanks college staff

Dear Editor:

I want to extend my congratulations to the Niagara College staff that got dressed in costumes and/or decorated their area for the United Way Halloween project.

Their ingenuity was outstanding and it was heartwarming to see the "spirit" that prevailed amongst the participants.

Many of the students reaped the benefits of their efforts.

It was disillusioning to see that too few of the faculty got involved – but I tip my hat (a witch's hat) to Marilyn, Betty Ann and Mike.

It was my pleasure to be a judge and I wish that everyone could have been given a prize.

Hopefully, I will be asked to return in the year 2000. Till then, I'll keep the engine on my broom tuned up and ready.

Eleanor Snider
Fonthill
Faculty member
1969 to 1994

Professionalism shown in newspaper issues

Dear Editor:

In the early months of this year I wrote to you asking if I could get a three months' supply of the Niagara News. I received several issues and then they stopped coming to my mailbox.

Later the issues for October and November suddenly appeared in my mailbox. I was impressed by the great improvement in the professionalism of the October and November issues compared with the earlier issues.

The November and December issues dealt in a professional way with news items such as Maid of the Mist, police plans for Y2K readiness in Hamilton-Wentworth, governance forum in Fort Erie, City of Welland restructuring, bowling in St. Catharines, Squeegee kids, etc.

Sincerely,
Louis Ziff
Stevensville

Editor's Note: The Niagara News is published to coincide with the academic terms of study. Consequently, issues are distributed from January through April and again September to December. We appreciate being missed.

Dear Students and Staff:

I want to extend to all of our students and staff my very best wishes for a happy and healthy holiday. Together, as the family of Niagara College, we will close a century and open the next millennium.
Let us come together to make a difference in this world.
We have much to share and to learn in a world that has so little and needs so much.
Happy Holidays and Best Wishes for 2000.

Martha Casson
Vice-president
Enterprise and Services

WOMEN'S ISSUES

Hard work, volunteering paying off for PR student

By SHANNON MASTALER
Staff Writer

Experience, opportunity and hard work make a successful woman.

Carrie Dudley, 24, of North Buxton, Ont., knows what she wants and is thankful for what she has.

Dudley, the younger sister of Jason, 29, said her family is one of the most important things in her life. "My brother is married with two little girls," said Dudley. "I am very close to them, extremely close."

Dudley is in the Public Relations (Post-graduate) program at Niagara College. Before coming here, she received her bachelor of arts degree at the University of Western Ontario.

"I knew, even before I started university, that I wanted to study public relations," said Dudley. "I decided to do a post-graduate program where I could concentrate on a particular area."

"Getting into Niagara was a big accomplishment for me," she said. "It was my first choice as a post-graduate program."

She said Nancy Geddie, program co-ordinator, played a big part in her decision.

"When I was researching colleges and universities for a post-graduate program, I talked with a lot of people, and when I talked with Mrs. Geddie, she was the one that really sparked my interest in the college. I thought if anyone, if half the teachers here would give me the attention and the interest that Mrs. Geddie gave me, then that's exactly what I'm looking for."

She said a lot of the other colleges and universities to which she applied didn't give her the attention she sought. "That's probably my main reason for wanting to get into Niagara."

Dudley said Niagara's program has given her the opportunity to learn the practical, hands-on experience she needs and that university didn't teach her. "At university I learned how to learn, whereas here, I am learning how to live, work, how to survive in my particular field.

"I would say that a lot of the skills I am learning are practical skills like how to do a press release, how to write a report, how to deal with the media, how to communicate with my co-workers — things like that, that are very practical, that I will be able to apply in my job directly."

School is not Dudley's only commitment; she also works. "I am 35 hours short of a contract position. I am working as a communications consultant at a museum in North Buxton," said Dudley.

She said she doesn't particularly want to work in a museum, but the communications consultant job is exactly what she is studying here. "I was fortunate to have this position come available."

She said it is difficult to go to school and work because she's on the job 35 hours a week, and goes to classes three days a week.

"Basically, seven days a week I am either working or going to school full time."

Dudley has an extensive background in volunteering. "I believe you have to find time for things like that (volunteering). You have to really have to give back. I think that's really important."

Dudley traveled on the road with a performing group called "Up With People." It's an international organization that selects 700 students a year to travel around the world. They do two-hour musical shows.

"We promoted unity among the nations," said Dudley. "There were 165 of us, from 16 different countries. It was quite diverse, so during this time I had an opportunity to volunteer. For every hour that we did a show, we did an hour of volunteering, so that gave me a lot of volunteering experience."

Dudley said she helped Habitat for Humanity build houses and nursing homes, and worked with the Rainbow Foundation, which helps children affected by AIDS. She said she gained a lot from her experience.

"Not only did I gain respect for advantages, like the things I have, but also respect for others," said Dudley. "When you're dealing with students, children that are infected with HIV, you realize how blessed you are, and how fortunate you are to have health care, to have support of your family. Most of these children were left at the Rainbow House. You can imagine how difficult that would be for them."

She is also actively involved with groups on a volunteer basis, such as Big Brothers and Big Sisters.

Dudley said performing is another interest. "I love to perform. I am a singer. I have performed since I was eight years old. I started doing a lot of church songs, then I moved into more contemporary style."

She has performed worldwide. "I have been everywhere. My biggest accomplishment was performing at the Apollo Theatre in New York City."

Dudley said when she was 13 she entered a talent Teen Canada competition, and won. "I love theatre, performing and watching."

Theatre isn't the only thing that makes Dudley happy. She said her nieces make her very happy, in addition to her accomplishments.

"My participation in the Sears Drama Festival that I was involved in for four years is something I'm proud of," said Dudley. "All of my volunteer work, volunteering with children at Rainbow House, and Habitat for Humanity, that makes me very happy."

What makes her angry? "In one word, to sum it up, what makes me angry is ignorance."

"For example, when I was travelling with Up With People I was in a city of former East Germany, and I was walking down one of the streets with my host sister and there were three boys on a bus going by. They were shouting things to me, and I didn't know what was going on. My host sister turned around to see one grab a pole and whip around his legs, and then attempt to hit me. I didn't see this, so we kept walking," said Dudley. "When we got home, my host sister told her father what had happened. Her father came upstairs and was crying and shouting and was very emotional, and was saying things in German. He was yelling and shouting. I didn't know what was going on. My host sister explained . . . he was saying not all Germans are like this, and we don't all hate people. It turned out the young boys had been neo-Nazis."

Continued on page 9

SAC breakfast assists Women's Place

By PENNI LAFLEUR
Staff Writer

Classified as Canada's worst one-day massacre, it has haunted the minds and conscience of Canadians.

In memory of the 14 young women of the École Polytechnique de Montreal, who died on Dec. 6, 1989, and to victims of violence everywhere, Niagara College's Student Administrative Council (SAC) sponsored a pancake breakfast at After Hours.

SAC was able to raise about $200 for this year's White Ribbon Campaign to help support Women's Place of South Niagara Inc.

John Goertzen, a founding member of the Niagara Victims' Support Services, attended as guest speaker, encouraging the participation of all men to speak out against violence against women.

"We all have a role to play in the eradication of violence as we aren't totally without responsibility."

Abuse is evident in every race, religion and social class. Every 17 minutes a woman is sexually assaulted and one million females a year are victims of physical abuse. Sixty-seven women were murdered in Canada last year by their husbands or boyfriends.

"If I can't have you, nobody will" is usually the reason men kill their wives or girlfriends, Goertzen said. A number of other reasons cited for violence and abuse include a husband's sense of property over his wife and the root cause is always control. He said a woman is abused an average of 35 times before she seeks help.

The Montreal massacre was the act of an "absolutely demented man" whose victims were slaughtered because they were women, Goertzen said.

SAC representatives hosted a pancake breakfast to raise awareness of violence against women on the 10th anniversary of the Montreal massacre. Second from right is Stefan Struk, vice-president campus affairs, from the Maid of the Mist campus. From left, from the Welland campus, are Lee Whitehead, student representative, Cindy Blanchard, financial administrator, David Seto, vice-president campus affairs, and Jen Beatty, SAC president, to the right of Struk.

Photo by Penni Lafleur

"None of us are immune to violence. Men also suffer abuse by women."

He said females perpetrate 16 per cent of adult violent crime, and "as violent crime by men is declining, by women it is increasing."

"In 1998 the introduction of victims' services are available right after the time of the assault, and with the witness assistance program introduced in the past year, the Unified Family Court in the last few weeks, a higher rate of conviction will result."

Geortzen challenged all males to speak out and take responsibility for bringing about change.

"We all have the right to live without fear, pain and violence."

Darlene Zacharchuk, public educator from Women's Place of South Niagara Inc., accepted a cheque from Jen Beatty, SAC president, saying she was "impressed and pleased that the college is taking this on. And we are thankful to people like Mr. Goertzen when men will stand up and speak out. Men have to take responsibility for being part of the solution."

View of abuse

By MIKE DILTS
Staff Writer

Column

This is a column addressing violence against women. Although it is written using the first person pronoun, it is not reflective of my action. It is a personification of an abuser's mind-set.

Listen and obey, or you will see the evil that will become me.

I am hate and rage; I am your pain and discipline.

Smack! One swift hit across your tender face with my tightly gripped fist. Another slap, and another, how about one more?

The bright red blood streaming from your well-smashed nose is my sweet nectar from a glistening maple tree. Your high pitch screams, "No, please stop! Please! Please!" are like tantalizing music swimming in my psychotic brain. The fear in your swollen bloody grey eyes makes me see why I must do what I do. I have to hurt you so you can learn.

Why do I love you so much when you are so disobedient? All I want is for you to do what I tell you to do.

Look at yourself sprawled on the ground wrapped in a tight little ball with tears rolling down your bruised cheek. You are so pathetic, and seeing you like this makes me feel whole. Maybe if you weren't so stupid I wouldn't have to hurt you.

I'm sorry. You just make me so mad when you don't listen. When supper isn't ready or the house isn't cleaned right, it just makes me angry. All I want –

Shut up! When I am talking, you listen. I hate when you interrupt me when I am speaking. What are you, dumb? Maybe a couple of kicks in the ribs will teach you a lesson.

Smack! Smack! Crack! Crack!

Always remember, I am your master and your keeper. Listen and obey.

WOMEN'S ISSUES

Ambitious PR student strives to reach goals

Continued from page 8

"Ignorance is one of the most frustrating things," said Dudley. "People who don't understand other cultures, other religions, other faiths, other beliefs, definitely frustrate me."

Dudley said travelling with Up With People was one of the greatest experiences, as well as one of the toughest, she has ever been through. "Spending a whole year on the road, I only got to see my family once or twice, so it wasn't the greatest time in terms of being away from my family. It was also a really good educational time, a time to grow, to be independent."

She said it was tough and challenging sleeping in strange beds, in strange houses. It was the little things that kept her going.

"I would be having the worst day, or the worst week, and I would do a show and perform. After the show, I would have a small child or an elderly man or someone come up to me and ask me for an autograph," said Dudley. "I would say, 'I'm just small-town Carrie Dudley,' I never considered myself a celebrity, but to them I made such a difference in their lives, that month, that week, that year, that day, that they wanted to keep that to remember it by."

Dudley said she admires her parents because they always supported her. "I've always been an independent child. They've never tried to hold back that independence. They always tried to help it grow and flourish. I think my parents wanted me and my brother to have opportunities that they were never given. They have always supported us in everything we have done in our lives."

Dudley said her strongest qualities include her commitment and her drive and that she isn't one to be easily pushed aside. "Most of my strongest qualities I get from my family. We are very strong, very committed to each other and others in the community."

She said she thinks she is a very caring person. "Not a lot of people would be able to handle dealing with little children affected with HIV."

She said her strong qualities have benefited her in many ways. "They have enabled me to deal with people at different levels, trying to imagine myself in these situations, giving me a whole different perspective on life."

Dudley said her weakest quality is that it's hard for her to not take things personally, even in work. "I think it's very important to detach yourself in a sense, and not take criticism personally. I think that would be a quality that I need to work on."

"My main focus is towards my education right now. I'm six months away from graduating and completing my education on this level. Then I would like to continue with my masters (degree) and go on from there."

Dudley said her long-term goals include working for a large corporation in 10 to 15 years. "I'd love to be an accredited public relations practitioner," said Dudley. "In the near future, I'd love to start off in a small corporation, working my way up from there, gaining experience. I would also like to be married – I'm working on it," she said laughing. "I can see myself married in the next year, starting a family. Family is very important to me."

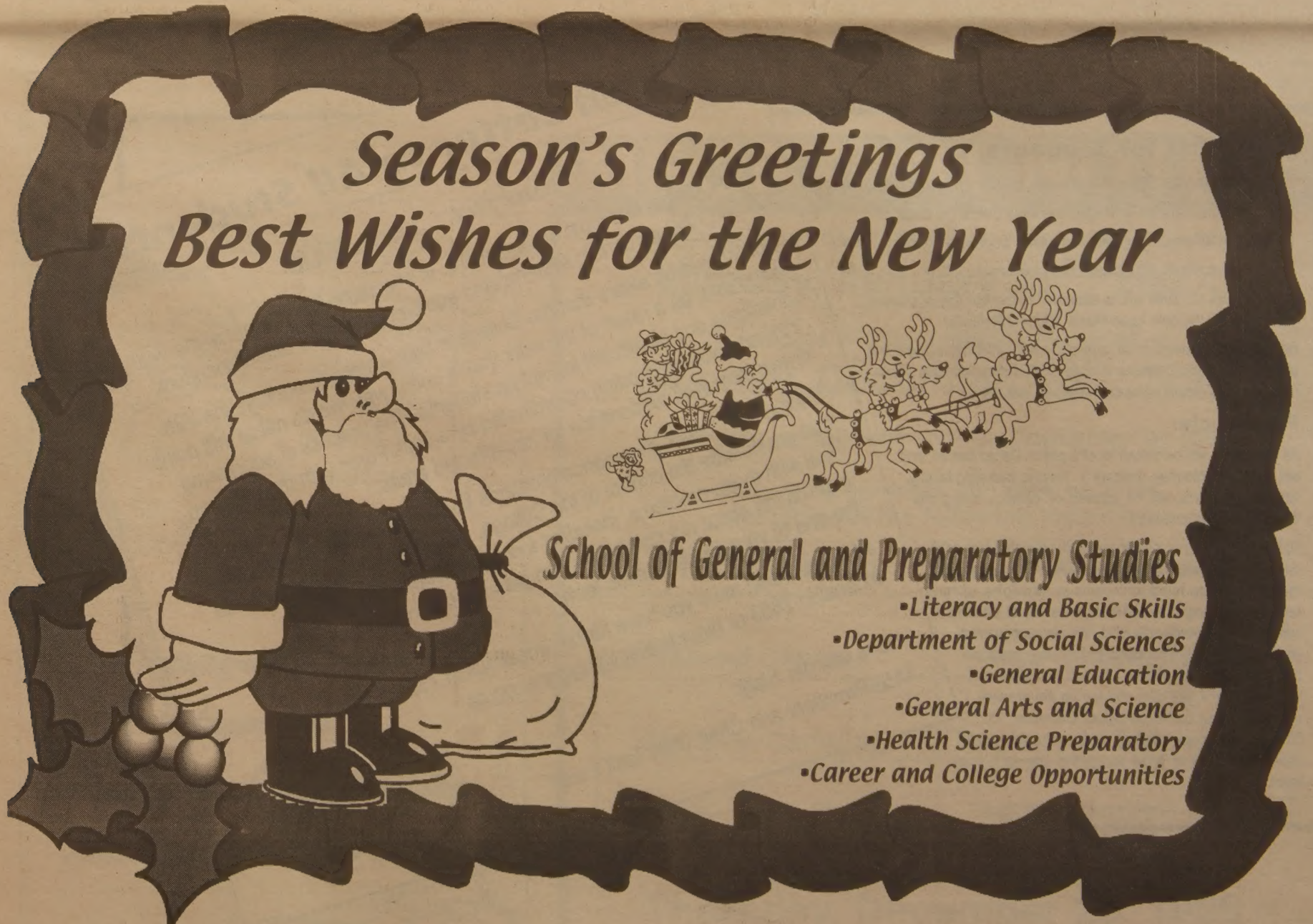
She said she considers herself to be blessed with the opportunities she has been given. She said another thing she would like to achieve is travelling to Japan. "I have a lot of friends there, and my boyfriend's family is there. That is something we would love to do together."

Dudley said through most of her challenges, she has learned to take nothing for granted because "tomorrow is never promised to you. You're not guaranteed you're going to be here tomorrow.

"I think it is very important to live life to the fullest, said Dudley. "I know it sounds clichéd, but it's such a practical and realistic philosophy. Take advantage of all the opportunities you are given, and never take them for granted."

Carrie Dudley, 24, poses with Nancy Geddie, co-ordinator of the Public Relations (Post–graduate) program at the college.

Photo by Shannon Mastaler



INTERNATIONAL

Host family gives love and comfort to students

By NATSUKO TAMURA
Staff Writer

It's an enchanted living room lit by a tree tucked in the corner and festooned with Christmas crafts.

On the small table are laid elaborate Mexican artifacts, and above the fireplace is an exotic Asian painting. Downstairs, pictures of hundreds of students are displayed, along with their family photos. Each photo brings memories, never to be forgotten.

Denise and Gary Marr, of Welland, are the parents of hundreds of children all over the world.

They have been a host family for more than a decade for international students at Niagara College. Most students in the English as a Second Language program stay with a Canadian family to learn the Canadian way of life and to improve their English.

This is "the best thing in our lives," Gary says.

They started having students live with them in 1986 when their teenage daughter felt lonely as her two big brothers got married and left home.

They didn't know anything about international students at that time, but things worked "very well," Denise says, adding her daughter, Diana, also enjoyed it. Since then, they've been enjoying having more than 100 students from around the world.

After Diana, 27, married, all of the couple's biological children no longer lived with them, but "young people (students) become our children," Denise says, while cutting carrots in the kitchen.

She's currently a mom of three men, Gaetan Hamel, 21, of Nicolet, Que., Takashi Yamamoto, 25, of Japan, and Saqer Mohammed, 17, of United Arab Emirates, who are staying with the family. They take four or five students at the same time occasionally, she says.

Hamel, who's in his third-year of the Construction Engineering Technology — Architecture program, says he's been staying with them for more than four years. During the ESL program that he's taken for two years, he enjoyed it and got to feel comfortable with the environment.

"She (Denise) helped me a lot," he says, adding he didn't understand English at first.

"They're perfect," says Yamamoto, who's in the Manufacturing Engineering Technician program. He's staying at their house for three months and says he appreciates they never treat him in a special manner.

"They treat us as if we were their own children. I love Denise and Gary," he adds.

Student Gaetan Hamel (right) and Denise Marr relax in the living room.

Photo by Natsuko Tamura

Despite the loads of work outside and at home, Denise never whines. She says she does clean all the rooms and does laundry by herself, and her husband helps cook. She works at a Shopper's Drug Mart and is "very" busy, but "I love being a mom, cleaning my house and making meals," she says.

Denise says she found out that international students are "really" nice, good people.

"They appreciate everything. They don't take anything for granted," she says, while cooking the carrots on the stove.

"I try to treat them (students) exactly the way I did my sons and daughter." In the house, they have no rules because there is "trust" between them.

"I trust them and they trust me."

She says she likes all the bedrooms kept open during the day.

"As long as we all respect one another, everything goes smooth."

Denise and Gary share their loving spirit with other students as well. They have many parties all though the year and many students gather at their residence on Ridgewood Drive in Welland.

Some of the students, who got to know each other at a party, drop by once in a while to see them and chat with them, she says.

"I wish we could have had international students when my boys were here. It would have been a good experience for them," she says.

If students need help or someone to turn to, she's always there for them. She sits down, listens to them and gives some alternatives for a problem.

"I love to help young people," Denise says.

The majority of students still keeping touch with Denise and Gary.

"It's really nice to hear from them," she says. She recently received a letter from a Mexican student who had stayed with them a short time ago.

In his letter, he said, "I have to go back to reality. That was like a big holiday," she recalls.

Every year, she gets "so many" phone calls and cards from all over the world on her birthday and Christmas, she says. She will be 59 on Dec. 14.

As Christmas is just around the corner, she'll have a hectic schedule sending Christmas cards everywhere around the world, which is lots of work, but it's "worth it."

Considerately, she says she doesn't want any students away from home to feel lonely on Christmas, referring to some students living on their own and having no place to go.

"Everyone is welcome to come *our house and have some fun.*"

Checklist for Students:

Before leaving for Christmas break, please ensure the following:

All applications must be submitted one week before the break

All fee payments must be submitted before December 23

Textbook purchases, if possible, before the break

Payments for students will be extended to the last day of classes ... December 17 (Student Loan Funds, Student Refunds)

Be prepared to listen to local radio stations for information regarding program schedule changes in case of Y2K complications. Area radio stations expect to be on the air on January 1.

Please note:

All campuses will be closed as of 2 pm on December 24, and will reopen on Monday, January 3. No one, including faculty, staff and students, will be allowed on campus during this time without authorization.

To be prepared for any emergency situation that may arise during winter months, the Canadian Red Cross suggests that you keep on hand such items as flashlights, extra batteries, a battery-powered radio, a first-aid kit, drinking water, and non-perishable food. We also suggest that you keep on hand a supply of prescription medicine and a small amount of cash. As well, you may want to fill your car's gas tank and top up the propane cylinder of your barbecue before December 31. Simple precautions such as these will give you additional peace of mind during the coming holiday season.

Open Letter to All Students

Subject: Year 2000

The College, like most organizations, is affected by the impact of the year 2000 (Y2K) on certain systems and equipment that are date-dependent.

You should be aware that the College is taking steps to address the Y2K issue and, as a result of the work that is under way, we do not at this point anticipate any significant impact on students. The process of addressing Y2K compliance is being co-ordinated by a Task Force with membership drawn from staff responsible for key affected areas.

Should the College experience problems because of unanticipated issues that are outside the control of the College, plans have been developed to deal with these problems, including a communication plan. Further information about our communication plan will be provided to you before the end of your Fall academic term.

Please contact me if you have further questions at 735-2211, extension 7653 or hvanderslagt@niagarac.on.ca.

Hans van der Slagt
Vice-President and Chair, Y2K Task Force

NIAGARA COLLEGE CANADA

FOOD AND HEALTH

Listen to your body

By MANDI SPEELMAN
Staff Writer

Column

I admit that when I feel pain, I worry if the cause could be something more than just an upset stomach or a headache.

Call me paranoid if you will, but sometimes simple symptoms like fatigue or mild pain that wouldn't ordinarily mean anything, can be caused by diseases which can be fatal.

A stomachache can mean a lot of things like the flu, a reaction to something you had eaten or . . . cancer?

A friend had told me she knew of a woman, who had a stomachache and didn't feel it was bad enough to go to emergency, so she waited until the pain was unbearable and finally went. It turned out she had cancer. Because she had waited that long, it had spread throughout her body and she died within two months.

We think since the symptoms aren't as severe as they are supposed to be, we don't want to intrude on the doctor's time, since the doctor probably has far sicker patients to attend.

The problem is, symptoms vary from mild to severe, depending on the person. Commercials and television programs show people, who are having heart attacks, falling abruptly to the floor clutching their chests, so we think those are the specific symptoms that go with a heart attack. A friend of my mother's thought she was having a heart attack only to find out that the horrendous chest pains she was having were caused from over-working her body and from stress.

People don't go to the hospital because of the embarrassment of going in to emergency for an awful stomach pain only to find out it could have been prevented by taking a spoonful of Pepto Bismol. I don't like going to the hospital until the pain is unbearable because of the fear of the diagnosis being something worse.

An uncle of mine didn't want to go to the hospital for fear of his pains being cancer. He waited and waited until he finally went and stayed there, not long before dying of cancer of the bowels.

The problem is we aren't educated enough about our bodies, so to categorize symptoms in order to find out what a person has will only confuse the circumstances. I realize it's hard for doctors to confirm on the same day what causes the pain. They can only decide by looking at the symptoms which could mean nothing or something that is fatal.

If you feel something is wrong, listen to your intuition and get yourself checked out. After all, it is your body and the doctor's job is to diagnose the problem. It might be just the flu or something far worse; it's up to you to make that decision to go and get checked.

Student lives life to fullest

By MARY KOTSOPOULOS
Staff Writer

Column

The day I woke up was when my friend died.

Two and a half years ago, after my friend was experiencing seizures, she was diagnosed with a brain tumor.

My family and especially I were very close to her and her family. She was my friend, mentor and inspiration. It still hasn't hit me yet that she has passed away, or maybe I just don't want to face reality.

I hate that there was not a miracle. I hate that her two children will not have a mother, and her husband will not have a wife.

One thing that has touched me about her was that she did everything she always wanted to do in her last two years. She always had courage and strength to do anything.

One day, after radiation in London, she was sent to the General Hospital in St. Catharines. She was in a coma. I have never seen anybody in a coma and it was a shock for my family and me. When she did wake up a couple of weeks later, I thought she was perfectly fine.

I was wrong.

I have never felt so much pain in my life as I did looking at my friend struggling for her life. I watched her deteriorate for two months in the hospital. I could not believe this was happening to someone I knew so well.

I couldn't talk to her or look at her; it made me miserable.

I feel deeply for everyone who has gone through such an ordeal, and I pray and hope there is a miracle for everyone who is in this situation.

She died in the summer. Beth was 45 years old. Her children were 10 and 12 years old. Ever since this happened, I have been doing everything that I always wanted to do. This is her legacy to me.

This experience was a wake-up call for me and should be for everyone else. Live life as if it's your last day. I am.

Maid of the Mist Showcase continues

By LISA TAFT
Staff Writer

Niagara College welcomes Chef de Cuisine Antonio de Luca to the Maid of the Mist Centre for a night filled with award-winning wines and gourmet cuisine.

As a part of Niagara College's Showcase of Chefs, de Luca, of Hillebrand's Vineyard Café, will be a guest chef at the Kerrio Room on Dec. 12.

Chef de Luca, originally from Italy, has worked in England and Germany and in Toronto in establishments such as the Four Seasons Hotel and Bistro 99.

The purpose of the Showcase of Chefs is to bring together *chefs who reflect the Niagara* Peninsula.

The Maid of the Mist Centre is directly benefited by funds raised during these events.

Tickets are $40 a person plus tax and gratuity. Dinner and wine tasting are included with the cost. For reservations call (905) 374-7454 ext. 3602.

The next guest chef to be featured during the Showcase of *Chefs will be Lee Parsons, executive* chef for the Prince of Wales Hotel in Niagara-on-the-Lake. Parsons will be at the Kerrio Room on Jan.16.

IMPORTANT NOTICE

All classes in the 2000W Term will commence on

Monday, January 10th, 2000.

Timetables will be available the week of

Monday, December 13th, 1999.

New students will receive their timetables by mail.

Returning students can pick up their timetables at the following locations:

PROGRAMS	LOCATION
Welland Campus	Info Centre, SE106
Glendale Campus	Registrar's Office, W109
Maid-of-the-Mist	Administration Office

You are strongly encouraged to make any timetable changes no later than

Thursday, December 23, 1999

Office of the Registrar

NOTABLE NAMES

Niagara's 'Godfather' will be missed
Patterson remembers Rex Timms

By MIRANDA HUBBS
Staff Writer

Reginald (Rex) Timms, known at Niagara College as the "Godfather" of the Construction Technology program, died Nov. 17. He was 83.

Timms, former president and general manager of R. Timms Construction and Engineering, had many professional involvements in trade and education. Some of his educational affiliations included being a member of the Niagara College General Technology Committee, chairman of Niagara College's Construction Engineering Technology Advisory Committee, and an instructor of Construction Management at the College.

"Rex Timms is known at the college as the Godfather of our Construction Technology program," says Niagara College President Dan Patterson.

"As a part-time instructor and key developer of the program he made an important and lasting contribution to the college. He brought his wealth of experience and expertise into the classroom to teach and to touch the lives of hundreds of students. He demonstrated great commitment to the construction industry and was a true supporter and friend of the college. He will be sadly missed."

A graduate of the University of Toronto in 1942, he earned a bachelor of arts in science degree in civil engineering. He served in the Royal Canadian Naval Reserve from 1942 to 1945. In 1946, he founded R. Timms Construction and Engineering. His firm was involved in commercial, industrial, institutional, plant maintenance and housing projects across Niagara and beyond.

Timms was a former chairman of the Niagara Chapter of the Association of Professional Engineers, president of the Ontario General Contractors Association, president of General Contractors Association of Niagara, and a director of the Niagara Regional Rehab Centre.

'. . . he brought his wealth of experience and expertise to the classroom to touch the lives of hundreds of students . . .'
— Dan Patterson

Memorial donations can be made to Holy Trinity Anglican Church Memorial Fund, the Canadian Cancer Society or the Ontario Heart and Stroke Foundation.

Next edition Jan. 21, 2000

Conference 2000 at Niagara

By JOHN ROBBINS
Staff Writer

Niagara College will host delegates from the Association of Colleges of Applied Arts and Technology of Ontario (ACAATO) when they meet in Niagara Falls for their first annual general meeting and conference of the new millennium.

The meeting, called Conference 2000, will be held at the Sheraton Fallsview Hotel and Conference Centre on Feb. 20 and 21, 2000.

Dan Patterson, president of Niagara College, said hosting the ACAATO conference is a "great opportunity to showcase Niagara College and the region."

"It's a chance for us to really shine on a big stage, and with the help of our students, staff and community partners we'll do just that."

One highlight of the conference will be the presentation of the Premier's Awards, which recognize outstanding college alumni. As for Premier Mike Harris presenting the awards in person, "he has been invited, but not confirmed," said Darrell Neufeld, executive assistant to Patterson.

Neufeld said there are 350 to 400 people registered for the conference, but the college expects about 500 for the awards dinner.

'. . . great opportunity to showcase Niagara College and the region . . .'
— Dan Patterson

Special guests to the conference include Dr. Jacqueline Thayer Scott, president of the University College of Cape Breton; John Wetmore, president and chief executive officer of IBM Canada; Christopher Newton, artistic director of the Shaw Festival; and Ann Dowsett-Johnson, associate managing editor at Maclean's magazine.

Workshops at the two-day event will cover such topics as college/university collaboration, college board development and increasing enrolment capacity at Ontario's 25 community colleges.

VP retires

Continued from page 1

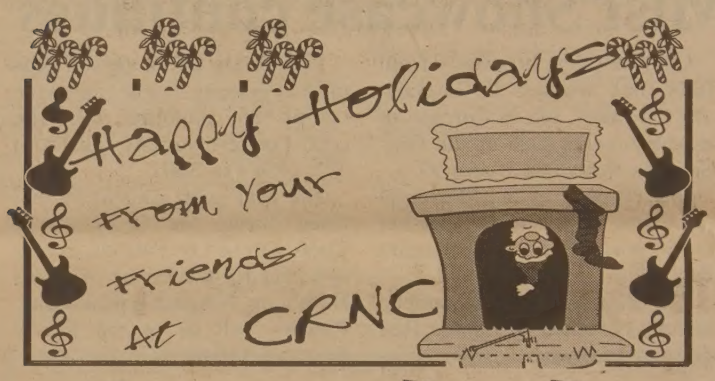
der Slagt, that he plans to maintain his connection with Niagara College after retiring. Van der Slagt was instrumental in the creation of the Art at Glendale Task Force. This group of local artists and people from the college was formed to commission the creation of works of art for the recently completed Glendale campus, in Niagara-on-the-Lake.

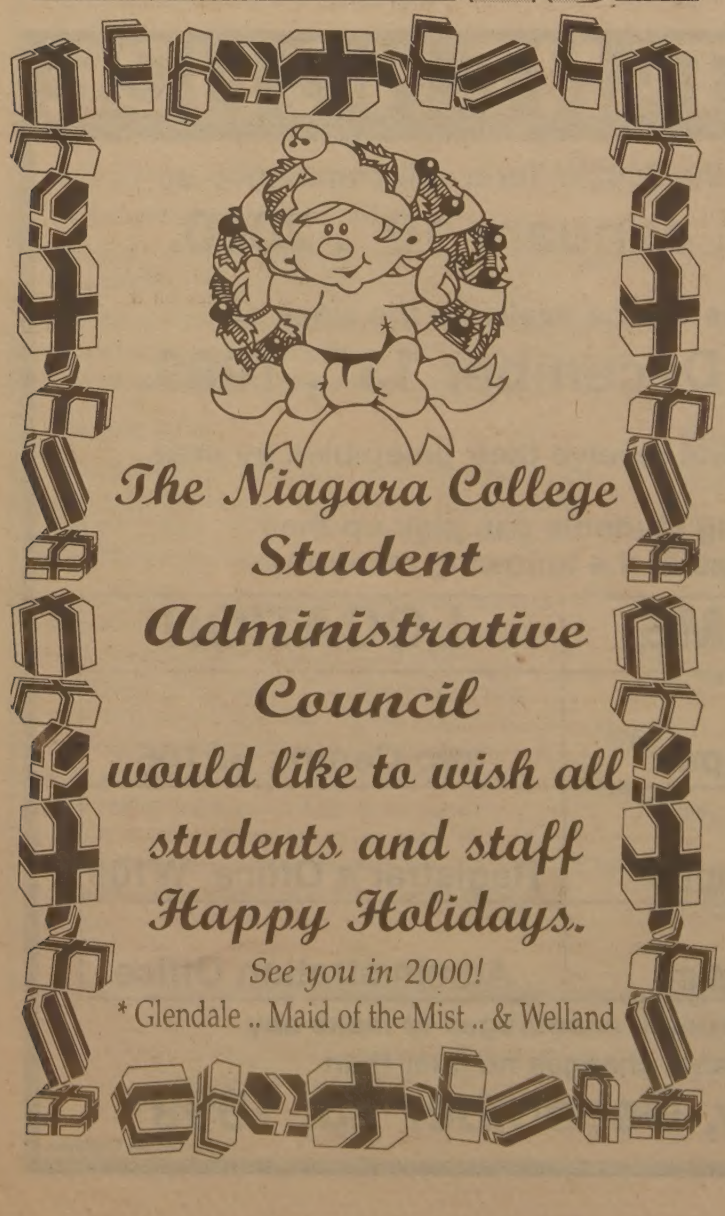
Before Niagara College, van der Slagt worked for the accounting firm Price Waterhouse, in Toronto, and later at Sir Sandford Fleming College, in Peterborough.

Van der Slagt earned a bachelor of commerce degree from the University of Toronto and a master of business administration degree from York University, in Toronto. He received his designation as a chartered accountant while working for Price Waterhouse.

When asked what from his days at the college he would miss the most, van der Slagt did not hesitate in offering his reply.

"I'll miss the people - the professional relationships I have. I have many friends here, and I want to stay in touch."





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CHRISTMAS AT NIAGARA

Students going home for holidays

By NATSUKO TAMURA
Staff Writer

It's the end of the term and the end of the year.

International students were asked about their plans for the winter break.

"I'm going back home in Venezuela. I miss my family," said Vanessa Skrainka, 24, in the English as a Second Language (ESL) program.

She said it's important to be with family on Christmas.

Ami Ikoma, 20, of Japan, from the Office Administration – Executive program, is going home shortly for the first time in almost two years.

"I'm so excited," she says, adding she'll attend a ceremony in Kimono for the Coming of Age Day in January. "I'll have a great time."

At the same time, "I'm kind of nervous to go back to Japan because I've been in Canada for a while and got so used to this environment," she said.

As well, Eric Yang, 19, of Taiwan, is going to see his family for three weeks.

"I've been away from my family for a year, and I miss them a lot," he said.

"I wanted to go back home, but I'll stay here," said Efren Souza, 18, of Mexico, since he found out all the flights were booked.

Quite a few students from South America plan to visit their family for a short time and come back for the next term while other students won't spend their Christmas at home.

Sister Kristina Ance, 28, and Sister Elizabeth Norina, 30, both from Indonesia, say they will celebrate the Christmas Day at a church in Toronto.

"Many people will be there. We'll pray, sing and spend a good time of the year."

Norina said, adding this year will be their second time marking Christmas in Canada.

Even though it's an important day to be with their family at home, Ance said, they're not lonely.

"We gather in the church and we're all family."

Meanwhile, Christmas doesn't mean much to the majority of Asian students.

Some people are travelling abroad, such as to Spain, Mexico and Venezuela.

Chinese student, Chen Trista, said she's going back home, though it's not significant to be with family at the time of this year. Christmas is not special to them, and they won't celebrate New Year's Day on Jan. 1 because of the lunar calendar they follow, she explains.

"I'm looking forward to having an authentic Christmas with my host family in Canada," says Kae Ichiba, 23, of Japan. She says they have Christmas in Japan, but people usually hang out with friends and have some fun.

"For us, New Year's Day is more significant," says Harumi Ikemura, 24, of Japan, who's in her first-year Office Administration – Executive program.

From left, Eric Young, 19, of Taiwan, Maruicio Soto, 24, of Venezuela, Takashi Yamamoto, 25, of Japan, Kumiko Yamaguchi, 24, of Japan, and Akatrin Sondowsky, 21, of Germany, enjoy the Christmas spirit in S102, the International Education Department Office.

Photo by Natsuko Tamura

She said she'll miss home. She's going to stay in Canada, but go to Vancouver during the break.

"I want to have a white Christmas. It's been my dream," says Ikemura. She's from Japan's southernmost island, Okinawa, which has tropical weather.

Christmas traditions and legends for the season

By CASSANDRA SIMONS
Staff Writer

In the excitement and rush of Christmas holidays we forget what the traditions of the holidays meant in years past.

The Christmas tree, for instance, has many legends.

One is about an English monk who stopped a group of pagans from sacrificing a child to the god Thor, while gathered around a great oak tree. He hit the tree with his fist. It fell and in its place grew a small fir. He told the pagans the fir was the tree of life and represented the eternal life of Christ.

Another legend is of a poor woodsman who sheltered and fed a lost, hungry child. The woodsman awoke the next morning to find a beautiful tree outside his door. It is said the child was really the Christ Child in disguise and He created the tree to reward the man for his kindness.

The decorated Christmas tree tradition is credited to Germany.

In the 16th century devout Christians put decorated trees in their homes. Some people built Christmas pyramids of wood and decorated them with evergreens and candles when there wasn't much wood.

Having a tree became popular in Europe in 1841. Charles Dickens described the trees of wealthy English families as being covered with dolls, tiny musical instruments, toy guns and swords, miniature furniture, fruit and candy in the 1850s.

The first record of a Christmas tree being on display in America was in the 1830s. That was by German settlers in Pennsylvania. In the 1890s, Christmas trees gained popularity in the U.S. Europeans used trees about four feet in height, while Americans liked to use trees that reached to the ceilings of their rooms.

In Poland, the trees were decorated with painted wooden ornaments and straw figurines of children and animals. In Denmark, mobiles of bells, stars, snowflakes and hearts decorated the trees. Japanese Christians liked to have tiny fans and paper lanterns on display. Lithuanians covered their trees with birdcages made of straw, stars and geometric shapes. The straw was a symbol for a wish for good crops for the next year. Czechoslovakian trees had ornaments made from painted egg shells, while a Ukrainian tree had a spider and a web that was supposed to bring good luck. The web is now remembered by the tinsel decorating our trees.

The Christmas star, the star that is sometimes placed at the top of the trees, represents the star the Wise Men followed for weeks and finally led them to Jesus.

Astrologers know which comets were close enough to earth hundred and thousands of years ago, and say there was no comet visible to humans around the time of Christ's birth. Usually comets can be seen for weeks or even months. They say the star could not have been a shooting star either, because a meteor shines for only a few minutes.

Although astrologers find it hard to believe the Wise Men followed a star for weeks before finding Jesus, some stargazers say if Jesus were born sometime in June, 6 B.C., it might have been possible. At that time the planets Mars, Jupiter and Saturn were close together and formed a triangle in the group of stars known as Pisces.

Some people still believe the star appeared and was a miracle. The Christian holiday usually still begins with the appearance of the first star of Christmas Eve. Poland holds the Festival of the Star. Directly following the Christmas Eve meal, the village priest acts as the "Star Man." He tests the children's knowledge of religion. In Alaska, children go door to door carrying a star-shaped figure and singing carols in hopes of receiving a treat. Hungarians carve a star-shaped pattern into half of an apple, an activity which is supposed to bring good luck.

The star, overall, symbolizes high hopes and ideals for people everywhere.

Another familiar sight at Christmas is mistletoe. Mistletoe is an aerial parasite that has no roots and lives off the tree to which it attaches itself. Mistletoe would die without that tree.

Ancient Europeans thought of mistletoe as sacred. Druid priests included it in their sacrifices to the gods, while Celtic people believed it had miracle healing powers. Mistletoe means all-heal in the Celtic language.

Mistletoe was believed not only to cure diseases, but also to make poisons harmless, to make people and animals more reproductive, to keep people safe from witchcraft and to protect houses from ghosts. If a person had mistletoe, it was believed to provide good luck.

Norsemen have a myth about mistletoe that it was the sacred plant of the goddess of Love, Frigga, the mother of the god of the summer sun, Balder.

Balder had had a dream of death that frightened his mother. She felt, if he died, all living things on earth would die. Frigga went to the elements to get a promise her son would not be harmed.

Loki, the god of evil, hated Balder and found mistletoe was the one plant Frigga had missed. So Loki made the tip of the mistletoe into the shape of an arrow, gave it to Hoder, the blind god of winter, who shot Balder and killed him.

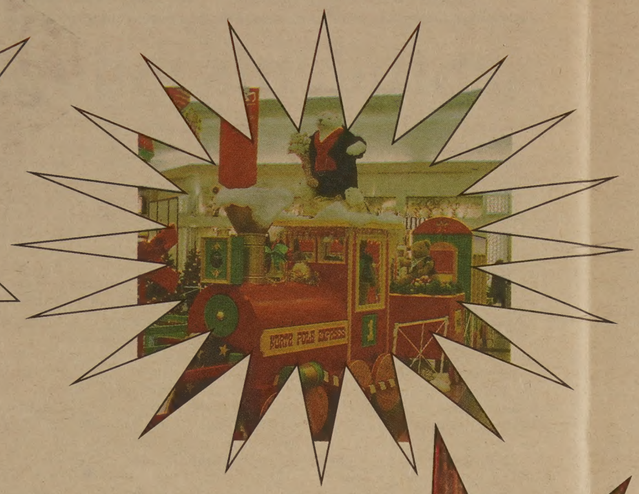
For three days the elements tried to bring Balder back to life, but it was his mother who finally restored him. Every tear Frigga shed turned into white berries on the mistletoe plant. In Frigga's joy, she kissed everyone who passed under the tree on which the mistletoe hung. The story ends with an order that whoever stands beneath the mistletoe, no harm should fall on them, but instead a kiss, a token of love.

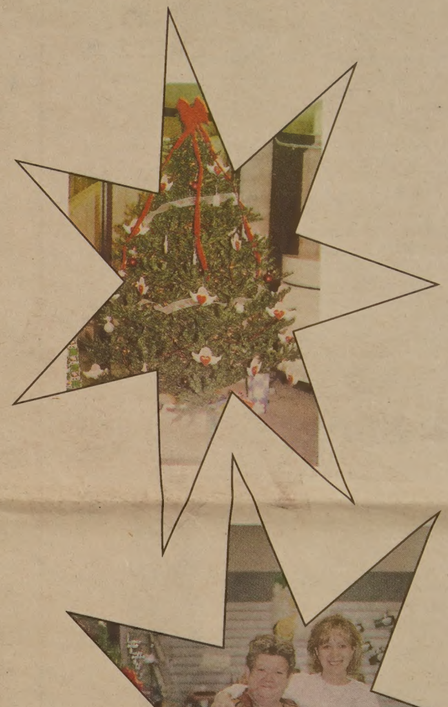
This can then be changed into a Christian concept which accepts the mistletoe as the emblem of love conquering death. Its medicinal practices, real or imagined, make it symbolic of the Tree of Life, the leaves of which are for the healing of the nations.

Expanding on the mistletoe's myths, during the 1800s the English used it, not for its miraculous healing powers, but for a magical appeal called a kissing ball. At Christmas, a young lady who stands under a ball of mistletoe trimmed with evergreens, ribbons and ornaments, can't refuse to be kissed. The kiss could mean deep romance or lasting friendship and goodwill. If a girl isn't kissed, she couldn't expect to marry in the next year.

Now do you know why you do the things you do during the holidays?

A Flurry of Christmas Imagery





photos by Mark Garrett, Lisa Taft, Jennifer Atanas, Mary Kotsopoulos and Tracey Allison.

HAPPY HOLIDAYS

Winter maintenance tips

By MATT HOLLEY
Staff Writer

The snow is on its way, and all drivers need to be prepared.

Winter driving can be hard on your mental state and your car. There isn't much you can do to alleviate the stress of winter driving except relax, but you can ready your car for the coming onslaught.

Take your car into the shop to have a winter tune-up done. Many garages have deals or discounts for those searching to get a tune-up. This gives a qualified mechanic a chance to take a look at the car and alert you to any major problems you may be facing. Just be careful not to get hosed. Never get things done at that time. If anything, take your car for another evaluation elsewhere. Trust me, I know from past hosing experience.

Dave Spear, co-ordinator of the Motive Power Operations program at the Motive Power Training Centre at the Niagara College's Welland campus, said it is essential for drivers to look after their cars in the winter.

He supplied a quick list of things the average car needs for the winter.

1. Check the oil daily. If you can't check it daily for whatever reasons, checking it at least once a week is the minimum.

2. Make sure your tires have sufficient air in them and tread on them. Both the air pressure and tread depth can be tested with gauges available for about $10 or lower.

3. Keep all fluids topped up. Windshield washer fluid (for those dirty slushy days), transmission fluid (should be red), and gas (during winter you shouldn't let it fall below a quarter of a tank) are important to the smooth operation of your car.

4. Always clean the snow and ice off the car. Fully remove snow from the headlights, taillights, mirrors and windows. Just scraping off enough snow from the windshield to see out is not enough.

One thing I learned is to always travel with a small emergency kit in the trunk. Fill it with a blanket, mitts, a tuque, flares (they're just plain fun), a small Tupperware container filled with quick snow-melting salt, and some food. Even if you don't get stranded, you never know when you might get an attack of the munchies.

Winter driving isn't hard. All it requires is a little patience and responsibility.

On a snow-covered road, there is no reason to attempt a speed of 120 kilometres an hour.

Maintenance is key though to making it through the season. Trust me, if you don't get problems fixed when they are small, eventually you'll be buying a new car. Recent experience has taught me that.

Have a Happy Holiday and drive safely.

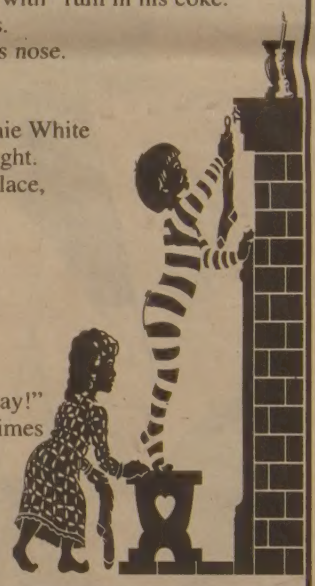
Newsroom Cheer

By JENNIFER ATANAS
Staff Writer

Christmas is coming, Christmas is near.
Newsroom is filled with glory and cheer.
The occasional scream,
The occasional stress,
Lingers in a room ready for rest.
The teachers are ready to pack up for the night,
Along with the editors who worked with all their might.
The three musketeers (Jenn, Tray and Shan) hurry away,
And take with them Penni and Leigh, who have had it for the day.
Jaz and Hardcore think sweet thoughts,
Of finding McDonald's, lots and lots.
Sam and Mark search for the perfect shot
of Mrs. Claus and her little helpers looking real hot.
The sled is packed and ready to go,
carrying some eager passengers screaming,
"Ho Ho Ho."
Vicki, Jennifer M, Monica and Kym
Sing a little Christmas time hymn.
A mistletoe search is about to start
with Matt as the leader about to dart.
To the finish line are Craig, Jamie M., Martin and Paul.
Everyone is having a great big ball.
Now it's time for cookies to fill our stomachs with glee.
And who to bake them, but Lisa T.
Down the hall from the newsroom the elves are busy
preparing a game of basketball, which is making them dizzy.
Ram, the two Mikes, Miranda and Steve,
are there to cover the game, but next you won't believe.
Cassandra, Tara and John out for a smoke,
And what did they see, but a little man with "rum in his coke."
Dressed in red from his head to his toes.
Flat on his back, with snow covering his nose.
Nat, Mandi and Megan run to the site
pulling and tugging with their might.
Shannon P., Shannon D., Mary and Jamie White
Assist in sending Santa home for the night.
To their surprise when they got to his place,
They got a good look at Santa's face.
It was Gary, all rosy with glee
smoking his cigar proclaiming,
"Absolutely, absolutely!"

On the last day of production,
On our last deadline day,
Voices will be shouting, "Hip, hip, hurray!"
And will be followed with bells and chimes
Of memories of some fantastic times.

Happy Holidays, Everyone!



Our Chipmunk Song

By JENNIFER ATANAS
Staff Writer

All right, you Chipmunks! Ready to sing your song?
-I'll say we are!
-Yeah!
-Let's sing it now!
Okay, Phyllis?
-Okay!
Okay, Jhim?
-Okay!
Okay, Gary? Gary? GARY!
-OKAY!

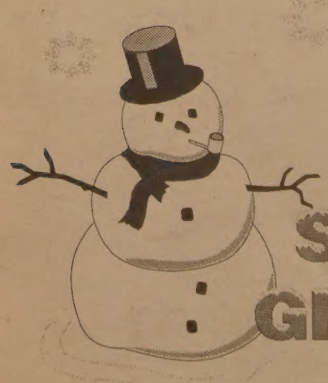
Christmas, Christmas Issue's near
Time for deadlines, time for fear.
We've been good, but that won't last.
Hurry vacation, hurry fast,
Want an issue clean and clear.
Rest up, students, we're back next year.
We can hardly stand the wait,
Please, Christmas, don't be late.

Okay fellas, get ready.
That was really good Phyllis.
-Naturally.
Very good, Jhim.
-Ahhh.
Ah, Gary, you were a little flat. Watch it.
Ah, Gary. Gary. GARY!
-OKAY!

Want the students ready to go?
Next year we're weekly, the stress will show.
Please rest up and stay on track
Before you know it, we'll be back.
We can hardly stand the wait,
Please, Christmas, don't be late.

Very good, guys.
-Let's sing it again! Yeah, let's sing it again!
No, that's enough, let's not overdo it.
-What do you mean overdo it?
-We want to sing it again!
Now wait a minute, guys.
-Why can't we sing it again?
(chipmunk chatter)

Gary, cut that out . . . Jhim, just a minute.
Phyllis, will you cut that out? Guys. . .



Remember the less fortunate

By SHANNON MASTALER
Staff Writer
Column

Most of us will go home for Christmas this year.

We'll be stressed from the prior week of exams and relieved when the exams are over.

When we get home, we'll see our family, eat turkey, and open presents.

Most of us will spend Christmas Eve anxiously awaiting the next day. We'll spend Christmas Day with our family, and we'll spend Boxing Day shopping for bargains.

We will, like many, have a Christmas full of excitement and fun.

While we are doing this, there are many people and many families who will be doing something completely different.

What if you didn't have a place to go for Christmas? What if there wasn't a Christmas meal for you to enjoy? What if you had no family to be with?

Many people spend the holidays alone; the less fortunate may spend them in a shelter, at a soup kitchen or on the streets.

These people won't have the luxuries of a warm house to sleep in or a big family to wake up to.

Christmas is supposed to be about giving. I think that has been overlooked lately.

This year when you go home, remember that not all are as fortunate as you and me.

Try not to take things for granted over the holidays. Everything we are blessed with should be regarded as that: a blessing.

Many people will not have what we have this year, so many will spend the holidays alone.

Never forget how lucky you are.

This year when you get home, remember the less fortunate need our help to make their Christmas a special one.

If you can, donate food to your local food bank, or give spare change to the Christmas charities in your town.

Christmas is a time for giving. Let's not forget that and work together to make this year's Christmas a good one for everyone.

PLUGGED IN

Niagara grad nominated for Gemini

By JAMIE WHITE
Staff Writer

The creative work of a Niagara College graduate who is the owner of Carlton Productions has earned him a nomination for a Gemini Award.

Mark Ross, 39, of Kemptville, Ont., graduated from the three-year Broadcasting — Radio, Television and Film (BRTF) program in 1983 at Niagara College's Welland campus.

Ross majored in television while here and worked for a year at Global television as a researcher during his third year at the college.

At Global, Ross worked on a daily prime time television show called That's Life. His job was to come up with story ideas and do odd assignments, particularly jobs no one else wanted to do, he says. These jobs are common when you're a student and the newest employee.

Ross chose to attend Niagara because a friend of his was going and asked him to come along. Ross and his friend rented a house where they lived with two other friends.

Ross describes this experience as "crazy." He says living with three other males was a lot of fun.

"We were known as the party house."

From there, Ross got a job working at CTV News in Halifax where he was a news cameraman and producer. He shot news events for the evening news and produced special features for the weekend news. After two years with CTV, Ross began working as a co-ordinator and producer at Carlton Productions, in 1986.

There, Ross produced all kinds of television series and commercials. He got experience in script writing and directing.

Ross says he's worked on projects such as the Canadian Wildlife clips that are shown during commercial breaks and Wok with Yan, where he was production co-ordinator. He's worked on Bell Mobility commercials and sports events, such as the 1988 Calgary Olympics, Blue Jays baseball on NBC, Wide World of Sports on ABC, and CTV and CBC National Hockey League games.

He has rubbed shoulders with numerous famous actors such as Canadian Lorne Greene of Bonanza fame, The A Team's Mr. T, Charlie's Angel Farah Fawcett, and game show Jeopardy's Alex Trebek. He adds that he has worked a lot with Trebek, a Canadian.

Ross made the decision to buy Carlton Productions five years ago during CTV's big layoff period.

As the owner, Ross said he enjoys overseeing the other employees and still working as a producer.

"Every day is different."

Ross says he likes the challenges his work provides and "being able to do a good job in the industry and being recognized" such as at the awards.

Ross produces Real Families, on the Life Network, which has earned him the Gemini nomination.

He says a child psychologist and he created the program. The psychologist had the core idea and Ross developed the concept.

The program is about meeting families who are having difficulties with their children, who have various behavioural problems. The psychologist helps the families learn to deal with their problems.

The program is played two or three times a week during prime-time hours.

Hidden cameras are used to film the children. The program does a follow-up a month later on every family to see how they are coping.

Real Families was nominated by the Life Network for the Gemini Awards held the weekend of Nov. 6 and 7 at the Convention Centre in Toronto.

Real Life competed against the program Spilled Milk, from CBC, and Weird Homes, also from the Life Network. Steve Smith, from the Red Green Show, presented the awards.

Real Life lost to Weird Homes but, Ross says, he enjoyed his weekend in Toronto, where he stayed with friends.

Through Carlton Productions, Ross has had the opportunity to travel quite a bit and has been around the world "a couple times." He's visited places such as Bosnia, where he played a Bob Hope role by producing a live show with a singer and dancers. He has been to Mexico, Europe, and his favourite place to travel, the Arctic.

Ross says he's been to the Arctic close to 20 times to produce various documentaries. His most recent was a program called Rangers of the North, an historical documentary on the Canadian North. The program took six months to complete. His trips are funded by Carlton Productions.

Ross enjoys travelling but mentions some downfalls such as being out on location and "weather does not co-operate" and the work doesn't get done.

He explains this is a common problem.

His favourite TV show is ER because the scripting is "really good."

Ross has been married for 15 years and has two children, ages 10 and 12. He finds having a demanding career requiring long hours and juggling a family is a challenge.

However, things are manageable because he's able to do a lot of work at home.

In 10 years, Ross says he'd like to still be the owner of Carlton Productions and producing three to four television series a year.

In addition to Carlton Productions, Ross runs a farm in Kemptville and says he may like to expand on it. Kemptville is a town of 25,000 about 40 minutes southwest of Ottawa, close to the St. Lawrence River. Ross's studio is in Ottawa.

Ross says he is "well off and happy" in his lifestyle.

As to how much he makes as the owner of Carlton Productions, Ross says "more than the postman" and leaves it at that.

Catching sight of X-Men movie set

Being at the right place at the right time pays off

By MONICA PALINIEWICZ

Column

Call it a pure coincidence or being at the right place at the right time.

On an otherwise desolate Friday around 12:30 a.m., my friends and I were driving on the Lakeshore Boulevard, going from Hamilton to Burlington.

I noticed, across the calm lake, a haze of what seemed to be smoke.

Our curiosity got the best of us so we decided to investigate.

When we reached the set of lights to turn off Lakeshore, we discovered a stream of trailers and Budget rental vehicles.

Right away we figured that a movie was being filmed at Burlington's Spencer Smith Park.

We quickly parked the car and scurried over to the park like giddy school children, hoping to catch a glimpse of a famous celebrity.

Upon our arrival, we discovered that security was pretty tight, so we joined the rest of the hopeful civilians along the sidewalk.

I noticed, conveniently close to the on-lookers, me included, a crewmember with a film pass hanging around his neck, carefully packing his equipment.

Right away my journalistic instincts came into play and I approached the man, figuring it was worth a try.

I scoured my bag for paper but being an amateur journalist, I was unprepared and settled for the inside of a cigarette pack.

The crew member from Full Moon Productions, whose name I unfortunately did not get because of the spontaneity and shortage of time, turned out to be quite helpful.

He said the crew were filming a scene for an upcoming X-Men movie.

He went on to say that Halle Berry, who will be playing Storm in the film, was the only celebrity on location for this particular shoot but Patrick Stewart (Star Trek) and Anna Paquin (The Piano) were in the movie as well.

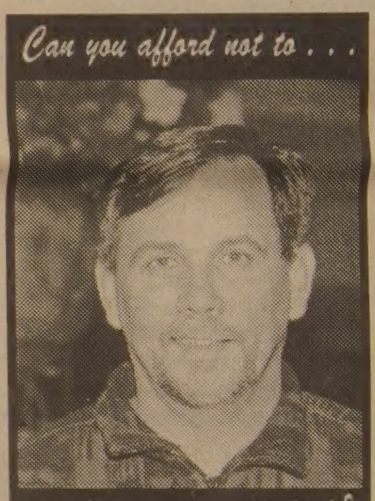
"Patrick Stewart is a good guy," said the anonymous informant. "Yesterday we missed the pause at 11 a.m. for Remembrance Day because of filming. So at 11 that night, Patrick had us all gathered around him as he read a Remembrance Day poem from a newspaper and we had our pause then. It was really quite touching. He's a great guy."

Unfortunately, duty then called for this seemingly eager employee and conversation ended rather quickly.

Although I am not a fan of the X-Men, perhaps I will see the movie when it comes out, because of the insight I received into who these people are.

Regardless, our little detour turned out to be an exciting experience.

If I had only had a camera . . .



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IT'S ALL ABOUT GIVING

President brings students' concerns to minister

By MARTIN McQUAIG
Staff Writer

Dan Patterson sent a message to the Ontario government: Niagara College needs to exceed the expectations of its students.

The college president had a chance to meet one-on-one with Dianne Cunningham, Ontario's new Minister of Training, Colleges and Universities on Nov. 25.

Patterson is showcasing Niagara College as "an enterprising college building skills and knowledge for a rapidly changing world."

In his meeting with Cunningham, Patterson put forth the concerns of Niagara students and stressed the importance of funding improvements to the college.

Patterson says Niagara is competing with other Ontario colleges for assistance from the provincial government's Superbuild fund, a $10-billion infrastructure growth project.

Niagara College has applied for $7.5 million to expand the Hospitality and Tourism building at the Maid of the Mist Centre in Niagara Falls, in addition to a proposed $18-million request to improve the Welland campus.

Patterson says the hospitality and tourism industry is expanding in the Niagara region at a rate that will produce skills shortages in a few years. He says expanding the Maid of the Mist Centre will produce better graduates in this area if the college "can leverage better funding," to aid Ontario's fastest growing industry.

Patterson says that obtaining funding for the college is a "paradoxical situation," but, he says, it is important to take advantage of the Superbuild funds while they are available.

"It's unfortunate that we must compete for limited funds," he says, "but I must push so that our students aren't disadvantaged. In a competitive environment, I need to access limited funds as best I can."

Superbuild is helping Ontario colleges build their infrastructure.

The operating expenses are still of concern to Patterson and other college presidents in the province.

The presidents discussed their concerns about operating grants and tuition relief for students at a meeting last month.

While Niagara College expands in "bricks and mortar," Patterson says, the college is always working on scholarships and "ensuring the college is accessible and affordable" to students.

Before speaking with Cunningham, Patterson met with 15 students from the three Niagara Student Administrative Councils. The students suggested that he address Cunningham on the rules and regulations of the Ontario Student Assistance Program and on debts that face students after graduation.

Patterson says he suggested the ministry take a "more humanistic approach," to the students and take their financial hardships into account.

He says Cunningham liked the idea of his bringing the students' concerns to her, and that more colleges should do the same.

Patterson says he wanted to show that Niagara's strategy is working.

"We do not want to grow for growth's sake," he said, "but grow where it's important. If jobs are needed in technology, for example, we'll expand there."

Christmas, giving not getting

By MEGAN ROSS
Staff Writer
Column

"Walking in a winter wonderland."

I came to a shocking discovery the morning of Nov. 30. I got up, looked out the window and saw snow.

Good old snow, how I've missed you. The snow made me realize something: Christmas is just around the corner. Glancing at a calendar, I realized there is only one school week left. Where does the time go?

At the beginning of the year, time went slowly, but now the first semester is almost over, students are gearing up for exams and people are out Christmas shopping.

Christmas is a time to love and give. Giving is the aspect most people forget about. It's always want, want, want, and people always ask you, "What do you want for Christmas?" Is there a harder question?

I don't know what I want. I don't think I really need anything.

I guess I really shouldn't complain, since I always ask people that same question.

I just love giving. I spend, spend, spend over Christmas. Ever since elementary school, I've been giving people little presents, even if I've only talked to them once in the whole year. They get a present. I'm just that type of person.

I get a certain joy out of watching my friends open a present they weren't expecting to get.

That's what Christmas is about: giving not getting.

Aramark settles dispute with employees

By CASSANDRA SIMONS
Staff Writer

Aramark and its employees settled their negotiations Dec. 2.

Two union stewards, Joan Jones and Loretta Firth, along with Russ Ellerton, staff representative of Ontario Public Service Employees Union (OPSEU), met with a conciliator on Dec. 1 at 10 a.m.

Company members met in another room, said Laura Nadon, Aramark employee.

She said the conciliator was the person to put forth the offer that the employees of OPSEU Local 214 wanted a raise of 25 cents an hour a year.

"They never heard anything from the company until 4 p.m. and then the company went in with an offer. The company told our representatives they could offer no more than 10.6 per cent of our wages for the next four years. The company said that's all they could offer."

On Dec. 2, the employees had a union meeting to vote on whether to take the company's offer.

"Nine eligible voting members out of 14 showed up for the meeting. The vote was unanimous. We decided to take the company's offer.

"Effective Dec. 1, the employees will receive a raise of 20 cents an hour retroactive to March 1. Effective Dec. 1, 2000, we will receive another 10 cents an hour — then June 1, 2001, another 10, from Dec. 1 to June 1 until June 1, 2003, when our contract runs out again," Nadon said, explaining the contract.

She said there have been other "minor" changes in the contract.

If one of the general help employees worked as a porter, the old contract had the employee work for three hours before the employee would receive the full day's wage at the porter's wage. "Now we receive the full day's wage for a porter if we work even one hour."

She said they used to have to bring in a medical note if they were sick if they wanted their sick pay. "Now we don't have to bring in a note unless we don't come to work for three days."

"I'm pleased with the outcome of the negotiations. We didn't get exactly what we asked for, but it was close enough for us to be happy."

Firth, one of two union stewards, said she's "very" happy with the outcome of the negotiations.

"We're all very pleased. When we met, everyone voted for settlement 100 per cent."

Ellerton said the company initially offered the employees four per cent over three years, while the employees were asking for 10 per cent for the same period of time.

"I think the employer wanted to have some stability, they didn't want to have to be in negotiations next year, or even the next, and they didn't want a strike to occur. Of course, nobody wanted the strike to happen.

"I think the monetary offer was fair in these circumstances," he said.

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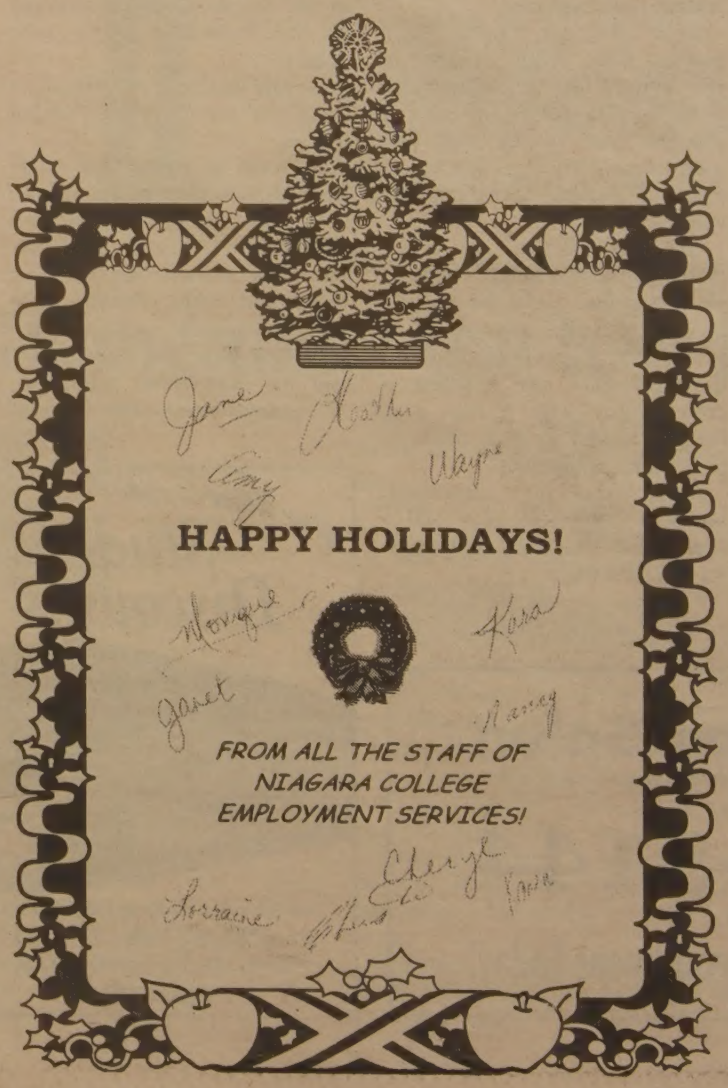
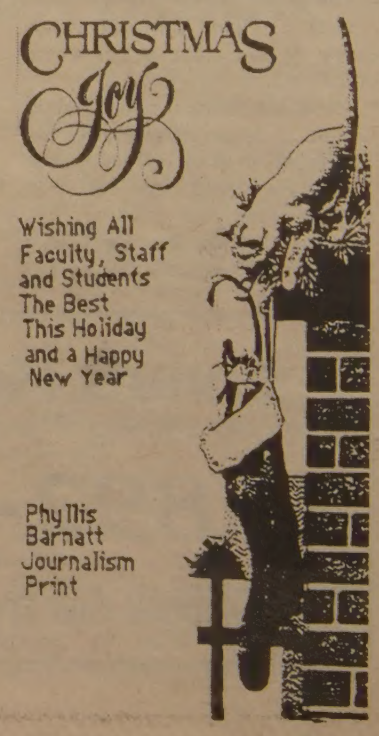




In Depth

Everyone can benefit from lifelong fitness

By MARY KOTSOPOULOS
Staff Writer

As a fitness consultant, personal trainer and student, Helen Tourountzas, 22, of St. Catharines, has accomplished what takes most people half their lives.

Tourountzas has been involved in fitness since she was three years old.

"Fitness, as a whole, has been a part of my life since the very beginning," said Tourountzas. "I was three years old when I was enrolled in ballet. I wasn't very good at it. It's not something I chose to do, because I was so young, but it was a good step that my mother chose to take."

Tourountzas started coaching after six years of experience in gymnastics. She has completed level two theory and technical gymnastics and level two trampoline.

"I then started taking jazz classes and that brought me to gymnastics when I was about eight years old. I was a late bloomer in gymnastics, but I continued with it for a long time at a different studio. Then I started coaching gymnastics at 14 years old.

"If you have experience, you are capable of becoming a junior coach without a certificate. When you reach the age of 16, you must take level one national coaching certificate. The theory part of it is offered at Niagara College, and a gymnastics club in Ontario usually hosts the technical.

"I have completed level two theory and technical gymnastics, also level two trampoline, so I can coach trampoline and gymnastics at a competitive level. There are five levels. At the fifth level, you are able to be an international coach."

As she was deciding whether or not to take level three in coaching, Tourountzas said, she had an idea for a new outlook on fitness. "I was debating to take level three, until I went ahead and got myself involved in aerobics and weight training. Now I've found a whole new outlook on this. I loved every aspect of the fitness industry, so I opened up a fitness studio."

Tourountzas said she decided to incorporate all aspects of fitness certification and training into one. "Like I said, I was certified in teaching aerobics, trampoline, gymnastics and dance. I thought that incorporating a whole fitness centre where everything is offered was a good idea. My partner at the studio was involved in the dance aspect of it and I was involved in the fitness end of it. We balanced it out and it worked out very well."

Many people have influences and mentors, but Tourountzas said she did this on her own. "It's something I wanted to do. I saw an opening, a ray of opportunities and I went for it. It was a different idea adding the dancing and the fitness together. Fitness is such a growing industry, I thought there was no way to lose."

Tourountzas said she has not stopped to focus just on aerobics. She is now a part-time student and working for someone else.

"As far as the studio goes, I still want that up and running. It's definitely something I want to pursue in the future and never pull away from, but I had a new idea to go back to school. I am taking esthetics and I love it. I think the two will go hand-in-hand, the esthetics and the fitness. Hopefully I'll have one huge spa or salon where you can do both.

"I am working at a fitness club right now because it is easier to get hours and go to school; I want to do both at the same time. I teach about five classes a week of aerobics at the gym. I also do consultations.

"Every member that comes in gets an hour free of consultation. The first hour involves using the machinery and how to use the weights. If someone wants to come back and have a program designed for him or her with nutrition information, we can do that with a minimal cost. We aren't trained to give them a layout of what to eat, but we are allowed to make suggestions on how to eat in moderation, just the basics on what we are trained with."

Tourountzas has not taken even a short break. Her next challenge is to open a spa. "The next step is to incorporate everything, like a wellness centre, taking care of the inner and the outer part of your body. This would include proper diet, exercise and taking care of yourself through esthetics. Because esthetics has 12 different programs to take, I don't think it's a job or career you can ever get sick of. Every day you can work at a different project in the same area. I don't think there will ever be a time where I'll get bored."

Tourountzas said that fitness is necessary for everyone. "First piece of advice I would give is to follow your own path," said Tourountzas. "Everyone is meant to do their own thing, but I feel that everyone has some time for fitness. Working out is not just for overweight people. Every individual can benefit from exercise.

"The key is — Nike says it best — 'Just Do It.'"

Service celebrates World AIDS Day

Memorial honours the lost

By MIKE WENCEL
Staff Writer

AIDS is a disease that kills.

A memorial service for people who have lost a loved one to AIDS was held at St. Kevin's Church in Welland on Dec. 1.

Father Frank Wagner conducted the service.

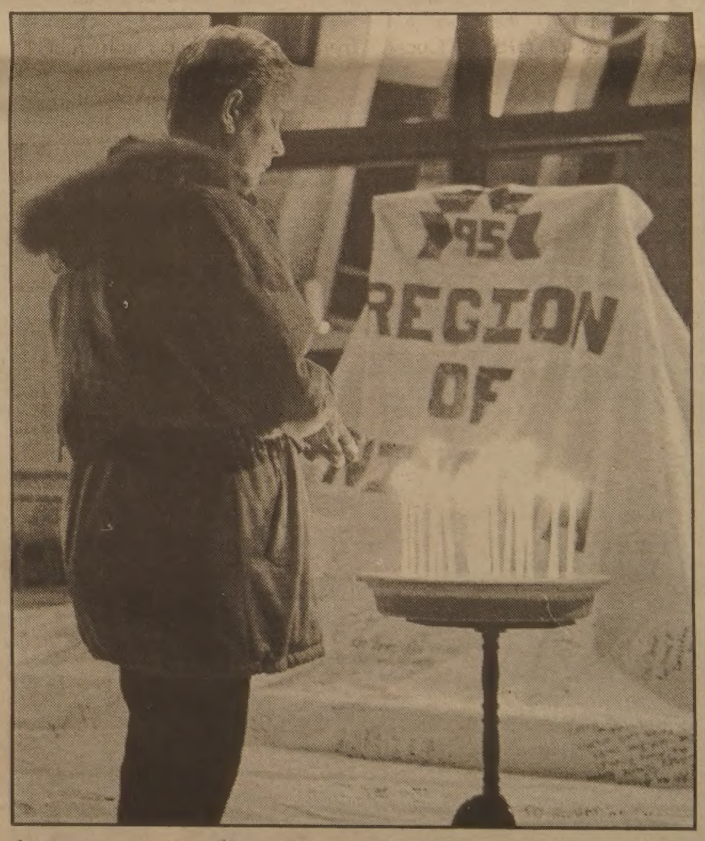
The night celebrated World AIDS Day, an international event to draw attention to HIV/AIDS to improve care, support and treatment for people living with AIDS.

Listen, Learn, Live is this year's theme set by the United Nations. The campaign focuses on young people and complements the AIDS Awareness campaign.

Estimates taken by UN AIDS say more than three million children and young people worldwide contracted HIV in 1998. Cases among adult women has risen from less than 10 cases a year in the early 1980s to 143 cases a year in 1997.

A key aspect in the church service was the Quilt Names project, a four-foot by six-foot cloth with messages from the surviving to the ones lost to AIDS.

Some of the messages read: "To my brother, Gary, died Feb.13, 1992, Miss and love you with my heart and soul, see you on the other side, Love Chris." Another statement read, "To Richard and Michael, Both are with me because you took what you had and made me stronger, both of you walk along side of me, Love Brian."



A woman sends out her wishes at the AIDS memorial service at St. Kevin's Church on Dec. 1.

Photo by Mike Wencel

"We need to get the message out because the rates in younger people are increasing slightly," said Wagner. "I think the schools are sending the message, it's just that teens are taking the risk."

A major concern, said Father Wagner, is the spreading of AIDS in Africa compared with North American rates.

"They (Africans) don't have the health care we do, and they can't afford the medicine like people in North America," said Wagner.

"We must send our wishes to the people there and find a way to send the medicine that will slow the process of AIDS down."

"Tonight was just a small effort," he said, to raise the consciousness of the people and to discuss the fear of AIDS.

A second campaign, called The Myths Surrounding HIV/AIDS, will be held for women next spring.

"Keep fighting and make a difference," said Wagner.

Board selects Longboat

By CASSANDRA SIMONS
Staff Writer

Sheri Longboat, Aboriginal Education Access manager at Niagara College, was nominated and selected to sit on the Management Board for GeoConnections.

GeoConnections is a federal initiative designed to find a way to make Canada's geographic information accessible on the Internet as a national resource to reach Canada's economic and social goals.

The Management Board for GeoConnections has 17 members. The board consists of members from the federal, provincial, municipal, industry, academic and aboriginal community levels.

Longboat said she was nominated because of the work she'd done with the partnerships between Niagara College, Six Nations Polytechnic and Six Nations Geo Systems.

This Native Geographic Information Systems (GIS) program was developed through this three-way partnership and delivered at Six Nations Polytechnic.

Six Nations Polytechnic is a community-controlled aboriginal institution offering education and training opportunities for the community of Six Nations and other aboriginal communities. The programs that are offered are developed to meet the needs of students what want to find a way to get into an institution of higher learning. Six Nations Polytechnic is positioned to design and deliver aboriginal post-secondary education programs.

Six Nations Geo Systems is a non-profit corporation founded to build a personal computer intuitive land research and management system to be used by First Nations, along with other groups, to perform land research activities.

"My role with GeoConnections started by working for Geo *Systems. While I was there, I* helped develop the GIS software and at that time I gained knowledge of GIS and the needs in the aboriginal communities across Canada," said Longboat.

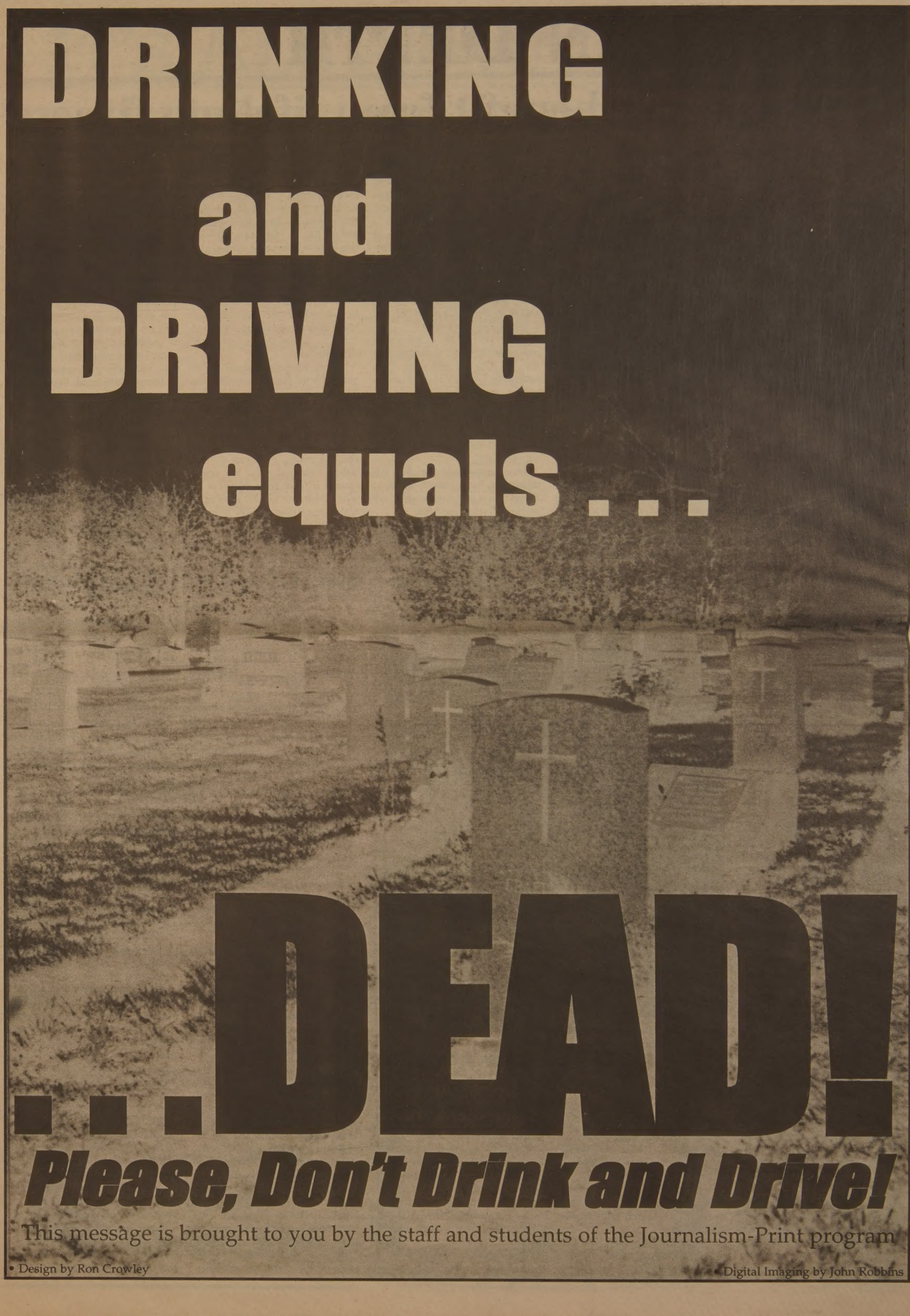
She said while GIS software was being marketed, a need for education arose in the aboriginal communities. "That's how we knew that aboriginal communities not only needed the software, but also they needed the skills and knowledge that GIS and related studies which the partnership had evolved to deliver."

Longboat met with the board in Ottawa in late September to approve the governance structure, terms of reference, first-year funding envelopes, project approval criteria and performance measures.

"In having met in Ottawa with Natural Resources Canada and promoting the program, my specialized knowledge and experience in aboriginal and GIS software became apparent. My academic background, which included a bachelor of environmental studies, master of arts in geography, bachelor of education, and an Ontario Teacher's Certificate, made me a primary candidate for GeoConnections."

She said she thinks being on the board is a good opportunity for her to be able to expand the need for aboriginal education at the school and in the community.

"It's important for this mapping system to be finished. To create a good solid map of Canada will be difficult, but it will make it easier when mapping out treaty rights. It will also be easy for students to access through the Internet."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TECHNO NEWS

High-powered technology at Niagara's Welland campus

By CASSANDRA SIMONS
Staff Writer

Niagara College's technology is "virtually better" than many other colleges, says Mark Csele, second- and third-year co-ordinator of the Computer Engineering Technology (Co-op) program.

"With the use of one chip, students are able to choose their own project, design, test and build it themselves," said Csele.

Computer Systems Design graduating students hosted their annual computer systems design display yesterday at the Welland campus.

"From one chip, the students could design anything from burglar alarms to Chrysler air bag controllers."

There are 15 graduating students from the college this year. "That's typical graduating numbers for this program."

He said the students are "very" efficient by the time they get to the last term of the program.

"The students are required to hand in a project report along with their projects. We encourage the students to take the project reports to their job interviews."

He said the students are required to put a one-page report of the project they did on the Internet to summarize what they're doing.

The projects take eight weeks to complete. "When you use micro-computers, it makes it very easy and fast to create things."

Csele said he does a lot of moonlighting. "A lot of my bread and butter comes from doing this type of stuff. It's current and hot technology coming in. Niagara College is able to offer it to the students."

He said the program focuses on a number of project-based assignments.

"The students are able to do things like developing an ATM (Automated Teller Machine) system."

He said this year the Computer Engineering Technology program expanded the labs and bought a Sun micro-systems workstation, "which is a lot like a PC on steroids unit."

"Last year the employment rate of our graduating class was 100 per cent. We only had nine graduating students, but there's a lot of demand for this type of technology worker. We're not putting enough supply out to match the demand."

The systems the students are working with are similar to the engineering work done digitally on the movie the Titanic, said Csele.

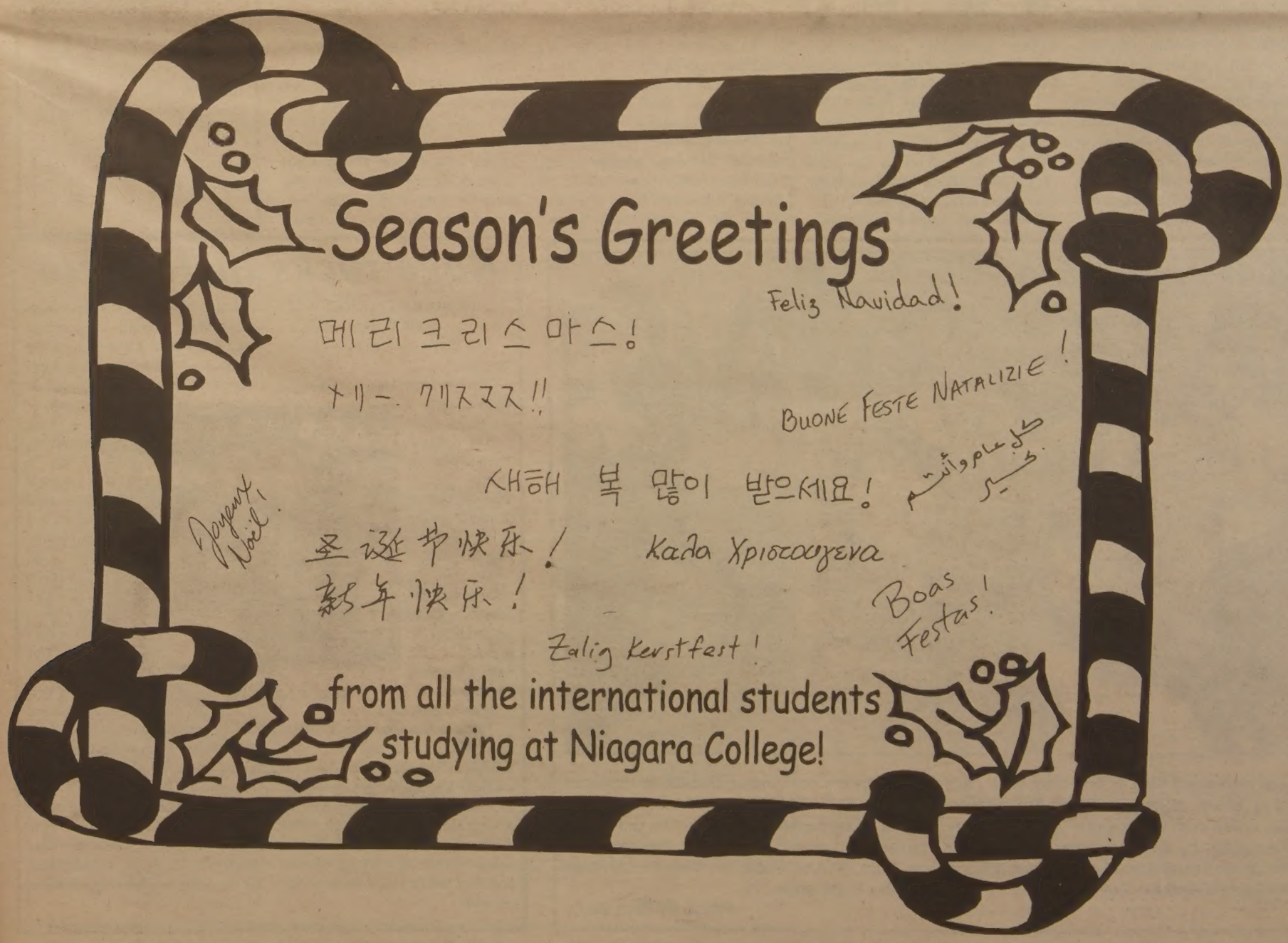
"We use more equipment that's very high powered and incredibly fast. We have 25 in our lab. We bought equipment that's in the higher end of technology, that students are able to sign out."

He said the college struggled in the 1980s to get up to the level of technology it should have been at. "Because we are a smaller school, we have smaller class sizes which make it easier to adapt to changes."

"We have the flexibility to continue growing in the technology world that changes so quickly, other colleges' infra-structure can't adapt to it as well as we can."

From left, Niagara College professor Mike Boldin and students Mike Venoitti, Dave Hedges, Les Broughton and Jarek Wszolek join in observing what the Computer Engineering Technology (Co-op) program has to offer.

Photo by Cassandra Simons



ENTERTAINMENT

Payne-full end to millennium

By MARK GARRETT
Staff Writer

Niagara College felt the Payne.

After Hours on the Welland campus held its last Yuk Yuk's comedy night for the semester.

Orsen Payne, of Toronto, who describes himself as being "old," got a well-deserved cheer from the crowd of about 175 people on Dec. 1.

The five-year veteran of standup comedy says, "Americans are just like us, but dumber."

His act included a variety of topics including a talking toilet bowl that laughs, his camping experience last summer and of course sex, which he says is the "best drug in the world."

"It takes all kinds to make comedy," says Payne, referring to his friend Jason Rouse, who played After Hours on Sept. 22.

Payne delivered his act at the University of Western Ontario in London on Nov. 30, but says, "I definitely want to come back here again." He said After Hours had a "beautiful crowd."

The second comedian to stand under the hot lights on the stage was Tony VinDetti, 39, of Thorold, who is expecting his third child any time soon.

VinDetti attended the Maid of the Mist Centre in Niagara Falls, but said he got kicked out of the Hotel and Restaurant Management program 19 years ago.

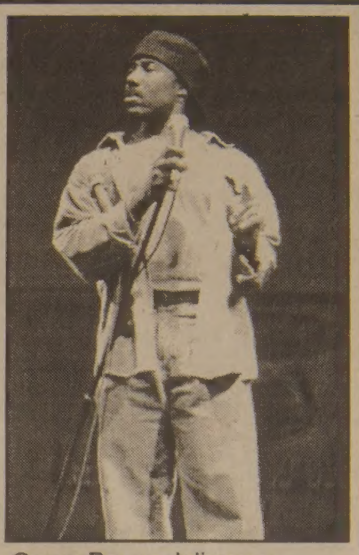
> *'I definitely want to come back here again.' – Orsen Payne*

His flamboyant yellow shoes, which he calls his "Italian speed bumps," shone brightly in the gel lights.

VinDetti says he "doesn't mind hecklers," but he had to deal with some in the crowd. "It's like Orsen says: I could take a dump and everyone would laugh one night but another night I can't buy a laugh."

His theory of college students having only three pairs of underwear and males' expectations of getting sex on the first date drew a laugh from the crowd.

Comedy night will start again on the first Wednesday back from the holidays on Jan. 12, 2000.



Orsen Payne delivers a hilarious show at After Hours on Dec. 1.

Photo by Mark Garrett

Bullard's rapping style may not be for everyone

By MARTIN McQUAIG
Staff Writer

Stick to comedy is right.

Canadian late-night talk show host extraordinaire Mike Bullard has released the title track to his new comedy album, **Stick 2 Comedy**.

It's a safe bet he won't be warming up for Dr. Dre any time soon, but Bullard shows he's hip to things that are so unfunny, they're hilarious.

His in-your-face, "straight out of Cambridge" style is a brilliant example of a fat white who can't rap. It was just the gag he was looking for.

Night after night on CTV and the Comedy Network, Bullard puts up with some of the most disinterested audiences on the planet. Still, he manages to attract a domestic audience larger than his American counterpart, Conan O'Brien.

Bullard sets himself apart from other comedians because he's always the first to know when a joke isn't funny. That is his genius.

He is a refreshing change from American hosts whose jokes sometimes aren't funny to Canadians. Bullard isn't afraid to say what we're all thinking: Canadians really do have a sense of humour.

Take that, Ralph Benmergui.

By LISA TAFT
Staff Writer

To quote the lyrics of the song and the title of this CD single, I say, "Stick to comdey," though I wouldn't give Mike Bullard much credit for that either.

This CD reveals itself to me as another desperate attempt by the Canadian talk show host to be funny. When you have to try this hard, the humour often doesn't work.

Without sounding unpatriotic, when American talk show hosts tell jokes, I laugh. When Bullard tells a joke, I sigh. I'd hate to think it's an American versus Canadian thing.

I have proof that it's not, thank goodness, because I think that Canadian Air Farce is hilarious compared to Saturday Night Live.

This guy may be "straight out of Cambridge," but he's still not funny.

He tries to rap with Orin, his bass player on the show. It's just the same lame humour put to music, which makes it worse.

The only reason I would buy this CD is because I'd feel obligated to support Canadian performers, but he's just not funny. If you can't sit through his show, like me, you'll never make it past the first song on his CD, **Stick 2 Comedy**.

Correction

In the Vol. 30, No. 5 issue of *the Niagara News published* Nov. 26, incorrect information was given on page 20, about the rapper known as Redman. He is not a member of the Wu–Tang Clan. He is a solo artist, working independently with other musicians.

It is the policy of the Niagara News to correct errors of fact.

Rocking for charity

Planet Hollywood held its first Christmas party for youngsters on Sunday, Dec. 5. All proceeds went to Tender Wishes, a charity organization in Niagara Falls. The event included a breakfast buffet, a visit from Santa and a performance by Niagara's own Backstreet's Back. The group performed songs by the Backstreet Boys, gave out posters and signed autographs. The members of the group are all from Niagara Falls and they are, from left, Lee Alsop, 19, Mike Orr, 17, Nick Luca, 20, and Andrew Sacco, 19. Behind Sacco is Frank Pieteranglo, 19.

Photo by Sam Bayly

Rage rocks in Toronto

By MARK GARRETT
Staff Writer

The Battle of Toronto was successful.

The cold, frigid night on Nov. 29 didn't stop a crowd of about 5,500 people from cramming inside Maple Leaf Gardens in Toronto to see Rage Against The Machine.

Rage Against The Machine

The insane crowd pushed, jumped and moshed to the music of the Los Angeles-based band.

The slapping bass of Tim Bob thumped heavily in the heart of the young and old. Every time Tom Morello busted out with a nearly impossible guitar riff, the crowd showed its appreciation by giving a deafening cheer. The unique vocals of Zach de la Rocha echoed in the ears of the crowd, and they listened as if he were the messiah.

A hazy cloud of cigarette and marijuana smoke created a visual hindrance throughout the Gardens. Security was kept busy breaking up three fights in the pit.

After the show, the pumped crowd rushed riotously out to Carlton Street. Men, women, boys and girls ran between moving cars on the street, hitting the cars with their hands and feet, and bayed at the night like a pack of wolves.

Other acts that performed were Toronto's own Ice Cat and new hip-hop sensation Gangstar, who got Toronto jumping and prepared for the main act, Rage Against The Machine.

ENTERTAINMENT

Chaos from fans at Toronto radio station

By MONICA PALINIEWICZ
Staff Writer

Toronto radio station 102.1 CFNY was filled to capacity on Nov. 18 as more than 150 eager fans awaited the arrival of members from the bands Korn and Limp Bizkit.

"I've been here since 7:30 a.m.," said a young Korn fan. "I'm so bored but I can't wait to see Korn."

Julie Dias, a secretary for the radio station, said, "This is just the tip of the iceberg of fans. There will be much more chaos when we get closer to 6 p.m. (the time of the first interview with Limp Bizkit)."

Fans managed to keep themselves occupied and well-behaved with repetitious card games and quick trips to McDonald's.

At 6 p.m. the screaming began as Wes Borland, the guitarist of Limp Bizkit, showed up solo sporting a hooded sweatshirt, with newly blonde strands of hair peeking from underneath. He was not wearing his now-infamous black contacts for the interview, but fans were still not disappointed.

Jonathan Davis, of Korn, takes time before the interview to sign autographs for fans.

Photo by Monica Paliniewicz

He took a couple of minutes before the interview to sign autographs, as avid fans thrust forward CD covers, cigarette packs and empty coffee cups for a quick scrawl of his name.

Asked why Fred Durst, the lead singer of the band, and the rest of the members didn't show, he said, "We're on the last leg of an eight-week tour with Redman and Method Man. We're at the point now where sometimes we have good shows and sometimes we have really bad ones. We even have some nights when only three of us are on stage because the fourth is just worn out. We're just tired and drained. The eight-week tour has taken its toll."

Fans can look forward to a change in Limp Bizkit's next CD release.

"We're going back to the studio in January. With the new album, we're looking into throwing in a lot more break beats to have a change in our sound."

Borland says he and the band don't have "any worries" over whether or not the new album would be "radio-friendly."

"We're totally not worried if some radio stations aren't accustomed to playing our new sound. We're looking forward to it. It should be fun."

As quickly as he came in, Borland had to quickly escape the rush of fans to head out for a final sound check before the night's show.

The pandemonium did not end there, however.

Ecstatic fans banged on the glass doors of the radio station as Jonathan Davis and Fieldy, of Korn, made their way to the DJ booth for the second of a double-header interview.

The two members of Korn were asked if there was any competition between them and Limp Bizkit. Davis said, "We're family with the guys from Limp, kind of like brother bands. Fred even directed our latest video for *Falling Away From Me*. Definitely no competition."

Davis, the sole writer for the band, says, "I only write what I feel. I can't write about someone else's feelings. It isn't right."

Some say Korn's music is a "bad influence on the kids who follow the band."

"We're no trying to be role models," says Davis. "We're just a form of escape."

"The only people who think we're a bad influence are the old Barry Manilow listeners," says Fieldy.

Korn's lyrics deal a lot with the issues of abuse for their listeners to "confide in" or "escape with" through the music.

"We're like a vehicle of hope," says Davis.

The angry, raw sounds of Korn are reflected in the band's aggressive stage performance.

"We're not entertainers. We just feel the music when we play and the music dictates the lyrics," said Fieldy.

Korn's U.S. tour will begin on Feb.18, 2000, with a possible Toronto stop included in the tour schedule as well.

Niagara Dome successfully hosts Corn Stock 99

By SHANNON DEARY
Staff Writer

The Niagara Dome, in St. Catharines, has once again put on a good show.

Psilocybin opened the night, on Nov. 27, as they were the winners of the Battle of the Bands competition at Corn Stock 99 that the Niagara Dome hosted on Oct. 22. The band consists of singer Jeff Beadle, 17, who also plays percussion, singer Chris Lewchuk, 18, guitarist Dan Grande, 17, drummer Brent Fulop, 17, and bass player Justin Beaulieu, also 17, all of Welland. All five-band members attend Notre Dame high school in Welland.

Beadle said the band members are all school friends and just started fooling around and "jamming for fun."

"Our music is heavy, funk/rap and we concentrate on playing music about how society is corrupt," said Lewchuk.

Beaulieu said they found their name when he saw it on a Web site, and thought it was a "cool name."

"It means magical mushrooms," said Beadle.

Rob Blacklock is the band manager. They said they chose him to be their manager because he is "really good at computers."

Each of the band members said he has his own influences. Lewchuk said his influences are Serial Joe, By Divine Right, Finger 11, Insane Clown Posse, Twiztid, and Sevendust. Fulop said his influences are Danny Carrey from Tool, Chad Sexton from 311, Jose Pacsillas from Incubus, and B.C. from (Hed) pe. Beaulieu said his influences are Alex Katunich from Incubus, and Trever Dunn from Mr. Mungle. Grande's influences are Mike Einziger from Incubus, and Timothy Mahoney from 311. Beadle's influences are Rob Flynn from Machine Head, and Nick Heckson from 311.

Psilocybin said they have a demo called New Deal that consists of six songs. They said they recorded it in a basement in Welland, in the summer of '99. At the end of the summer in 2000, they said they hope to record professionally.

Psilocybin have their own Web site at www.cgo.wave.ca/~rab/psilocybin.html and will be playing at Front 54 on Dec. 23.

Honeymoon Suite was the feature act at the Dome. Jonnie Dee, singer, of Niagara Falls, said he started the band with Derry Grehan, guitarist, and the two became the "original members" of the band. He said the band has been together for 18 years and met through the Toronto industry.

"Word of mouth is a big part of the music world," said Grehan, "and it makes it easier to find the right combination."

Being from Niagara Falls, Dee said choosing the name of the band was easy. He said they named themselves after a hotel in the Falls.

"Niagara Falls is the honeymoon capital of the world. The name just seemed appropriate," said Dee. "If you want to know any more information about us, you can check out our Web site at www.honeymoonsuit.com."

Slang came back to the Dome to play more of their "new" material. Rockness Monsters was a cover band that played a wide variety of hit music singles.

Wayne Kretz, owner of the bar at the Niagara Dome, said, "This is the best event we've had so far." He said he is anticipating a lot more people on Dec. 11 for the Dr. Hook show.

All I want for Christmas

Hospitality and Tourism program students in Niagara Falls were asked what they wanted for Christmas. From left, Tracee Nilsson, 28, of Niagara Falls, would like a trip to Hawaii, while Tatia Waite, 20, of Welland, wishes only to pass Neil Foster's Tourism Sales class. Tony Hunter, 20, of Hamilton, would like a new set of tires for his car, and Amy Leaming, 21, of St. Catharines, would like a whole new car.

Photo by Lisa Taft

New Michelle Wright CD hit with new country fan

Two songs change writer's tune

By JENNIFER MAGO
Staff Writer

Michelle Wright has a new country CD out called When I Found You.

It consists of her two new hot singles, When I Found You and Your Love. They are both done in a remix pop version with a slower beat.

It's hard to categorize a music artist after only two songs but the two were enough to make me want to hear more.

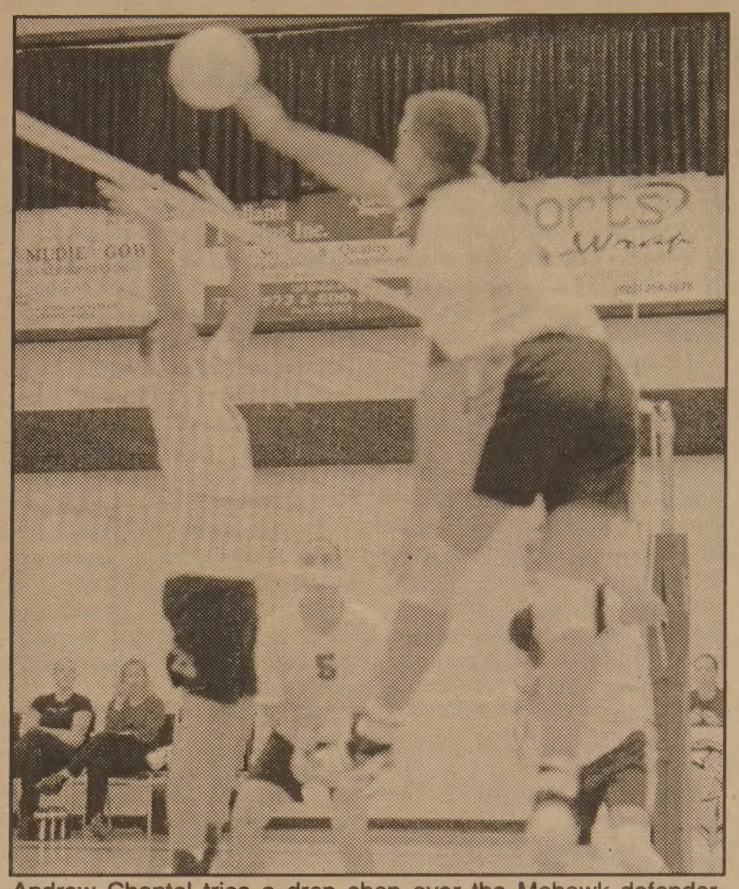
It's not the usual "my dog died and my wife left" country music. They are well-written love songs. If you like country/pop, you'd probably enjoy them. They reminded me of the songs always played at weddings when the newlyweds dance for the first time.

The lyrics are written sweetly. Wright sings with a lot of heart.

I enjoyed them. I like newer country, but don't favour pop music. These two songs changed my mind a little. I recommend you try her music.

Just because someone isn't well known on the music charts, doesn't mean that person's music is not well worth the time.

SPORTS



Andrew Chantel tries a drop shop over the Mohawk defender. Niagara, the 12th-ranked team in Canada, swept the match in three games.

Photo by Jason Vizbulis

Niagara dominates

By JASON VIZBULIS
Staff Writer

The game was over before the fans' popcorn was gone.

In a match that took only a little over an hour to play, the Niagara College men's volleyball team downed Mohawk College, of Hamilton, in three straight games here on Nov. 26.

Niagara outscored Mohawk 75-39 for all three games.

Niagara coach Blair Cudmore said he was more than pleased. "It's the exact same effort we put in the Guelph tournament where we had a lot of success. Last year, it was the turning point. Hopefully, it is this year we can get out and punish teams like that (Mohawk). It is a lot more exciting for the fans to watch," he said.

Niagara's Graeme Gaunt led the way with 12 kills, three blocks and one ace. His total offence of 16 points was more than Mohawk's total team offence of 13. Gaunt is second in scoring in the Ontario College Athletic Association's (OCAA) West Region.

It wasn't Gaunt alone who led Niagara as five players had more than five points.

Cudmore said it was an important element to the game.

"We can't rely on Graeme to hit the ball all the time. We will focus the offence up the middle eventually. That is the progression we hope to get when we add other players."

Niagara's roster will grow in January when some players come back from injury or academic problems, and a transfer student is added.

A good sign for Niagara was the return of Matt Piccolo. He missed considerable time with a foot injury. He came into the third and final game and contributed two kills, two blocks and a ace.

Ray Sarkis, Niagara College's athletic director, estimated the home crowd at about 150 people. Sarkis said he expects the attendance to grow with the team's success.

Niagara is in first place in the (OCAA) West division and is ranked 12th in Canada, as of Nov. 29.

The Nov. 26 game marked the end of the schedule for this calendar year's home schedule. Niagara's next home game is with College Boreal of Sudbury on Jan. 14.

Concussions cost careers

By PAUL MOONEY
Staff Writer

Serious head injuries in amateur sports took the spotlight during a public information night held at the Fort Erie Lions Club Banquet Hall Dec. 1.

Four guest speakers, including Carl Lindros, father of hockey superstar Eric Lindros, were there to address the seriousness of these injuries and the need for prevention.

Dr. Barry Willer, a professor of neurology at the University of Buffalo, opened with an information session concerning concussions.

"A concussion is a bruise on the brain. It happens when the brain is jostled inside the head," said Willer, adding, "This is an injury that is common in most contact sports, especially hockey."

Willer explained serious injury could result from concussions.

"Once a person receives one concussion it becomes easier for them to get another, especially if they are still in a concussed state when they return to the play."

An estimated 144,000 Canadians receive concussions every year, 20 per cent of which occur in organized sport, according to a study conducted by the Sports Medicine Institute of the University at Buffalo.

Willer said the purpose of "tonight's gathering" was to promote the importance of "return-to-play" guidelines submitted by the Ontario Brain Injury Association.

Willer spoke of "great players" such as Pat Lafontaine and Geoff Courtnall who were "forced to retire" becase of the number of concussions they received, many of which "could have been avoided" if they had not returned to play prematurely.

Rick Jeanneret, a sports broadcaster for hockey's Buffalo Sabres, who was the master of ceremonies for the evening, said, "After 35 years of covering hockey games I didn't realize how serious a problem concussions were up until a few years ago."

Josh Dixon, 16, of Oakville, Ont., said his "desire to play hockey and be tough" is responsible for his early retirement.

"Not being one of the better players on the team, I had to give 100 per cent effort every game, which meant playing when I was hurt," said Dixon.

Dixon, who is now coaching a minor atom hockey team says he wishes could still play the game, but considers himself "lucky".

"I experience many of the side effects related to getting a number of concussions, but my injuries could have been much worse than they are now."

Dixon's condition is improving "thanks to regular visits with an osteopathologist."

"My headaches aren't as constant and I don't experience fatigue as often as I used to," added Dixon, who concluded by urging players to "take time to heal before returning to the game."

The audience cheered as Jeanneret introduced the final speaker, Carl Lindros.

Lindros opened by requesting the audience to stand, make a fist and pound it into an open hand. Lindros then asked the crowd to repeat the same function but with "less force." Lindros asked the crowd, "Which blow do you think is more devastating, the second or the first?"

Lindros explained the action. "After a player receives one concussion the likelihood of receiving another is increased even if the external force applied isn't as hard."

"We need to understand the significance of concussions and, in particular, that they can have long-lasting effects," said Lindros. His son Brett retired from the National Hockey League in 1996 because of his inability to withstand additional concussions.

Lindros gave little comment on his son's personal situation but said, "The game in which my son received his final concussion he should have not been playing in."

Brett Lindros had not fully covered from a concussion he received a week earlier in Los Angeles.

"My son told me about a situation at practice where he briefly forgot what he was doing."

Lindros said he dismissed the incident as "stress related."

Lindros said "the best way to prevent situations like Brett's is to have proper guidelines, which the hockey leagues have to follow, prior to letting a player return after sustaining a concussion."

Niagara loses 10 straight games

By MIRANDA HUBBS
Staff Writer

It was another heartbreaking loss for the Niagara Knights women's basketball team.

On Nov 24, the Lady Knights travelled to London, Ont., to face the Fanshawe Falcons. The Knights went into the game with high spirits but were quickly brought down by the tough Fanshawe team.

By half time the score was 42 Falcons, 10 Knights, and the girls went to the locker room tired and frustrated.

After an encouraging speech by coaches Georgie Groat and Dina Niejadlik, the girls came back into the game a little more energized.

The second half proved to be better played, but the team was unable to come up with the win. The final score was 77-22.

Despite the loss, head coach Georgie Groat had a few encouraging words to say about the game.

"Fanshawe is the top team in the league, and they are probably going to the CCAA (Canadian College Athletic Association) championships. Even though the score didn't show it, we played well and proved that we can contend with the best in the league."

So far this season the Lady Knights are winless in 10 games played. Five of those games were regular season games and the others were exhibition.

"Being winless can be frustrating," says assistant coach Dina Niejadlik, "but the girls have good attitudes on and off the court. They are also playing better by running their offences and boxing out. Things will eventually come together."

It's early in the season and the women still have a chance to make a comeback. Maybe the new year will bring better luck.

It didn't helped that at the end of November, while participating in a tournament at Medaille College in Buffalo, N.Y., one of the Knights' captains, Leigh Ann Breault, 20, of Ridgetown, Ont., broke her foot. She is out for at least the next eight weeks.

"Not having Leigh Ann on the court will not so much affect the team's performance as it will their attitudes," says Groat. "Leigh Ann is loud and very encouraging. During warm-ups she pumps everyone up."

Breault still attends the games and gives her support from the bench.

Niagara College's varsity athletics needs support of students

By RAM KRISHNAMURTHY
Staff Writer

It's a question of too few fans.

Sadly, that's the case with the number of fans attending sports games at Niagara College's Welland campus.

The college's teams work hard, but their efforts appear to be going unnoticed.

Ray Sarkis, Niagara's athletic director, says it's true "not a lot of fans have been coming out."

Sarkis says attendance in previous years has not been much better.

He and faculty member Fred Bassi say they are optimistic that attendance will pick up in the new year.

"We have a lot of home games for our teams in January and February, so we should have good crowds."

Sarkis says the athletic department has been sending out packages to schools throughout the Niagara region. The packages contain schedules and dates of when the college teams are playing at the Welland campus, as well as game passes. "We have had a decent turnout from the high schools," says Sarkis, adding they have had as many as 300 people in attendance in the past for big games against a team from Mohawk College of Hamilton.

Lately, however, the college's Welland gymnasium has been almost empty.

Sarkis, along with Bassi, said the provincial government provides some financial assistance to Ontario universities, but not a dime to colleges.

"Our college athletes work just as hard and have just as much passion as the university athletes do," says Bassi.

The funding provides more marketing power to promote the sports teams, marketing power the colleges now don't have, says Sarkis, adding the athletic department is in the process of working on new marketing techniques and hopes the plan will help enhance fan attendance in the new year.

The charge for attending a college home game is $2 for students and $4 for adults.

"The charge covers the cost of giveaways we have at the game," says Sarkis.

SPORTS

Lady Knights swept by Mountaineers

By MIKE WENCEL
Staff Writer

Mohawk College's power outshone the Lady Knights.

Niagara College's women's volleyball team dropped its record to below .500 by losing to the Mohawk Mountaineers, of Hamilton, on Nov. 26.

The women were swept in three games and were outplayed by the Mountaineers.

"We didn't follow our game plan and we were completely flat the entire night," said Laura Chatterton, assistant coach.

Prior to the first two matches, the Knights took off their starters and used players on their bench, playing much better than in the first two matches.

"We needed some spirit on the floor, and some fresh bodies," said Chatterton. "I think the bench lit a fire showing the starters that they can play as well, stating that you have to work hard every match."

Key players for Niagara include Ginni Llord, 19, a first-year student in the Early Childhood Education program, Diane VanDenHoven, 20, a second-year student in the Social Service Worker program, and Jenn Carpenter, 21, of the Health-Science Preparatory program.

"They are the backbone to our team, leading the team with heart and enthusiasm," said Chatterton.

Llord, a six-foot rookie power-hitter, from St. Catharines, will need to show her talent and prove she is going to be a key player in Niagara's lineup and will give the team a bright future.

The teams fought back and forth switching points . . .

VanDenHoven, a 5'9" right-side hitter, from Mitchell, Ont., shows a great display of talent with big hits in every game, but she will need to stay healthy for the Knights to make the playoffs.

Carpenter, a 5'10" middle-hitter, from Welland, is a key part in the backcourt, digging up spikes, but must be strong at the net blocking to set the tempo of the game.

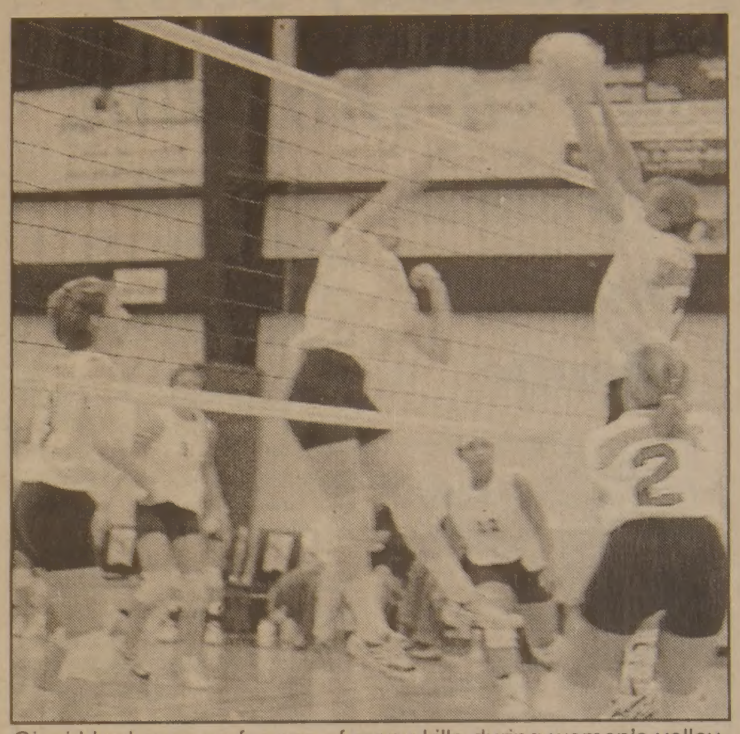
Niagara, which started with two straight wins, is in a three-game slump, and must win the rest of their games to make the playoffs.

"We need to control every match and play at our own tempo," said Chatterton. "When we stop controlling the game, we lose our composure and heart. We will need to start working harder in practices and prove that we are better than an average team."

In game one, Mohawk jumped to an 8-1 lead out-hitting Niagara for a 25-10 victory. The Mountaineers played better defence than Niagara throughout the match.

In game two, the teams fought back and forth switching points, until Mohawk called a timeout. Mohawk ended up with the 25-10 win.

In game three, Niagara used four bench players, who played well. The Knights were leading 16-14 halfway through the match, but couldn't hold on, eventually losing 25-20.



Ginni Llord goes up for one of many kills during women's volleyball action on Nov. 26.

Photo by Mike Wencel

Knights lose to Niagara County Community College

By MIKE DILTS
Staff Writer

Consistency made for a predictable loss for the Niagara Knights women's basketball team.

"We should have mixed it up so that it wasn't as predictable," said Niagara Knights head coach Georgie Groat. "We were a little too predictable at the end of the game."

On Dec. 3, the Niagara women's basketball team played Niagara County Community College in an exhibition game at Niagara College's Welland campus in the Mackenzie building. The Knights lost 52 to 45.

Niagara Knights, who haven't won a game yet this season, had a 12-point lead in the first half.

Niagara County had a rough beginning missing baskets from up close when there was no defence to block their shots.

A different game was being played in the second half with Niagara County hitting almost all their baskets. They pounced on Niagara Knights' predictability at the last minute of the game when the Knights tried to come back to win.

"When we had two, three point plays designed, we went to the same person," said Groat.

"We played pretty good in the first half," said Trish Newbold, 20, who had two points for the Niagara Knights. "The second half, they came out with a lot more energy than they did in the first half, so they kind of jumped ahead of us."

Newbold, a paramedic student at Niagara College, from Thunder Bay, Ont., said the Niagara Knights are improving and they are coming together a lot more as a team.

"We took the first half as an advantage," said Tasha Warwick, 19, who scored 13 points for the Niagara Knights. "When we came out in the second half, we came out flat."

Warwick, a Correctional Worker program student at Niagara College's Welland campus, from London, Ont., said Niagara County came out to play better than them "so that's why our intensity fell down."

"I think the loss was not so much a reflection of their play but a reflection on our coaching," said Groat. "I look back in hindsight and there was a few things we could have changed in the game and we didn't."

New hands-off rule leads to higher scoring games in NBA

By MIKE WENCEL

Column

A new rule will make for more high scoring games in the National Basketball Association (NBA).

The new rule the NBA has added this season is hands-off defence, which means the defender has to move his feet more, instead of reaching and hand-checking the offensive player.

I think this rule is a great idea for the NBA because all the games I've seen in which this rule was in effect have been more exciting to watch. This allows players such as Allen Iverson, of the Philadelphia 76ers, Vince Carter, of the Toronto Raptors, and Stephan Marbury, of the New Jersey Nets, to score high numbers, and this allows anyone to win the scoring title this year.

Iverson, last year's winner, is also my pick for this season because not even the best players can guard him without his dropping 30 points in the net.

Just because the games are high scoring doesn't mean there is no defence. The rule just demonstrates who can and can't play defence in the NBA, so players like Shaquille O'Neal, of the Los Angeles Lakers, and Mark Jackson, of the Indiana Pacers, are going to have a difficult time playing defence because they're so slow on their feet.

You must credit the defensive specialists in the NBA, such as Doug Christie, of the Toronto Raptors, and Gary Payton, of the Seattle Supersonics, who have guarded the best players in the NBA. The greatest player ever, Michael Jordan, praised Christie in a Sports Illustrated article, saying Christie is the best defensive player in the NBA.

If Jordan says Christie is the best, then I have go with Christie for this year's defensive player of the year.

Blue Jays' president taking care of business in team's off season

By RAM KRISHNAMURTHY

Column

The trendy thing for Toronto Blue Jays baseball fans these days seems to be bashing team President and General Manager Gord Ash, a trend I find to be inappropriate.

There's no question about it: Ash has had his share of bad luck. Trades, which at the time looked good, turned bad. A great example was when Ash swung that nine-player swap with the Pittsburgh Pirates prior to the 1997 season. The trade had the Jays sending six minor league players to the Pirates in exchange for three veteran players the Jays needed. At the time of the deal nobody was blaming Ash, but when those three veterans did not produce, Ash was at fault.

Ash and the Jays are in the process of preparing for the 2000 season. This off-season will likely turn into the franchise's busiest, when you consider the club has dealt outfielder Shawn Green and pitcher Pat Hentgen away, with more deals to follow.

Ash is under heavy criticism for sending Green to the Los Angeles Dodgers.

The fact is Ash had no choice. In Ash's tenure as Blue Jay boss, many of his deals have been made because he has been forced to make trades. He was forced to deal pitcher Roger Clemens because The Rocket wanted out of town. Ash made a great trade with the New York Yankees, acquiring infielder Homer Bush, pitcher Graeme Lloyd and pitcher David Wells. Green's going to the Dodgers for outfielder Raul Mondesi is a good trade considering a deal had to be made. Next to Green, it is arguable to say Mondesi is the second best all-round rightfielder in baseball. Perhaps internal problems within the team were the reasons Green wanted out of Toronto. Whatever they were, he wanted out so Ash had to accommodate him. Ash did a good job.

It appears first baseman Carlos Delgado will follow in Green's footsteps and be traded away. Ash has made Delgado a very generous offer, a five-year contract worth at least $50 million, all figures in U.S. dollars. The deal was rejected so he probably thought he should go ahead and deal the slugger and address other needs on the club with a deal. Ash may be dealing away fan favourites, but if he can receive good value in return and improve the club, I truly believe fans can accept that.

Those who say these Blue Jay trades look like a Montreal Expo fire sale are mistaken; the Jays are getting value in return rather than nothing at all.

HOLIDAYS

Holiday bliss not in shopping

Christmas shopping chaotic

By MIRANDA HUBBS
Staff Writer

Column

It's 15 days until Christmas and I still haven't started my Christmas shopping yet.

It happens to me every year. I say I'm going to start early to avoid the rush, but I never do. I think it is caused by a deep fear of going into the stores at this time of year.

It's supposed to be a happy holiday, but when people get into those stores, it becomes survival of the fittest.

I was in Toys 'R' Us the other day when a new shipment of Pokémon toys came in. No sooner had the poor stockboy come out of the back with the toys than a herd of people blew past me and swarmed him.

There was swearing, fighting and just a scary scene.

I hate shopping in the first place, and seeing that makes it even worse. Trying to just get in and out as quickly as possible becomes my goal. In a way that's disappointing because I would like to take more time picking out gifts for my friends and family but the joy is taken when people start getting pushy and violent over something as ridiculous as Pokémon.

I know they don't want to disappoint their child but there is that line that doesn't need to be crossed. I'm sure the kid isn't going to die if he or she doesn't get a stupid game that is only a fad and will soon be gone.

On the positive side of things, Christmas shopping isn't all bad. For me, there is a certain satisfaction in being able to give a gift to someone close to you. I see it as a way of saying thanks for being there for me this year and for sticking by me.

My family and friends are very important to me, and Christmas is a time when being with them means a lot. Through all the teasing and irritations all year I know that every year, at this time, we can wipe the slate clean and start all over again; no matter how much they dread it!

Muslims celebrate Ramadan with abstinence, reflection

By NAUMAN FAROOQ
Special to the Niagara News

Like every religion, Islam has its own religious observances. Among those, Ramadan is probably the most well known, and the Muslim students of Niagara College will be celebrating the month in college.

What is Ramadan?

Ramadan is a month of fasting. Muslims all over the world fast from dawn till dusk. During fasting, one cannot smoke, drink a drop of water, or eat a nibble of food. Muslims practice abstinence, reflection, and purification. Muslims should refrain from all indulgences, including smoking. After sunset, Muslims may practice these activities in moderation, eat special sweets, and recite parts of the Quran (The Holy Book of Muslims.)

Muslims are advised to wake up early, have a meal before sunrise, and say their prayers before going back to sleep or start off their day's activities.

After the sun had set, Muslims are allowed to open their fasts.

Unlike Western religious holidays, which have a set date on the English calendar, Ramadan does not have a consistent season, since the Islamic calendar is lunar. Since 354 days correspond to about one lunar year, Ramadan occurs 11 days earlier each preceding year. Thus Ramadan can occur in all four seasons of the year. Based on the Islamic calendar, Ramadan occurs on the ninth month of the lunar year.

The month of Ramadan lasts for about 30 days, after which Muslims celebrate the festive holiday of Eid-ul-Fitr.

On Eid day, Muslims start the day off with a special morning prayer, then go meet relatives and friends. Special sweets and money is customarily given to children.

The most frequently asked question to Muslims about Ramadan is: Why is this month given such importance in Islam?

The main reason for fasting is the fourth of the five main pillars of Islam, as stated in the Holy Quran, the book of guidance for all Muslims. Fasting also requires discipline, which makes people aware of their dependence on Allah (God) and on the fellow human beings. When people experience extreme hunger for a month, they develop more compassion for the poor.

Although replete with difficult practices, this month is a joyous event, one that Muslims look forward to every year.

Muslims share a common experience with millions of other fellow believers who celebrate this very Holy month.

Ramadan started on Dec. 9. The Muslim students of Niagara College wish to have the support of everyone at the college. Thank you and a happy holiday season to all.

It's Beginning to Look a Lot Like Christmas

Happy New Year

As the year draws to a close and we face a new millennium, the students and faculty of the Journalism – Print program wish everyone Happy Holidays and extend appreciation to all those who have preceded us in making this program a success. Thank you to our directors, support staff, security, faculty and students, but most of all to the inventor of the printing press...

Gutenberg.

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Christmas Greetings!
from the faculty, staff & administrators
of the Foundation Studies Division
and the School of General
& Preparatory Studies

See Ya' Next Year

All students in the Construction Engineering Technology – Architecture program worked together to create gift boxes for less fortunate children overseas for Christmas. The students filled the gift boxes with toys, candy and hygiene products for boys and girls. Pictured above are the third-year students in the Construction Engineering Technology – Architecture program. Erika Church, a professor at Niagara College, said all the students involved worked hard on this project, which is called Operation Santa Claus.

Photo by Robert Lapensée

Christmas lights shine at city park

Welland's Merritt Park illuminated for second year

By MEGAN ROSS
Staff Writer

With the trees lit up and Santa's sleigh with Rudolph leading with his shiny-red noise, Merritt Park in Welland was a sight of lights on Friday, Dec. 3.

This was the second year for the lighting of the park and Virginia Petrachenko of the Welland Business and Community Development Corp. says she "hopes" it will become an annual event.

Petrachenko says she "hopes" that the lighting will grow "bigger and better" each year, and that it will "draw families out" to enjoy the festivities.

The festivities started with square dancing at 6 p.m. and refreshments were provided by Tim Hortons. Plaques were given out to all those who helped support the event.

The lighting at Merritt Park was the opening ceremony for all of the Christmas events around town.

Shortly after 7 p.m., the trees were lit up. It was a sight of beauty. Santa had pictures taken with the children in front of the trees.

The Welland Club provided refreshments.

The lighting at Merritt Park was the opening ceremony for all of the Christmas events around town.

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POST-SECONDARY	CAMPUS
Business - Accounting (Co-op/Academic)	Glendale
Business - Retail/Sales	Glendale
Business - Retail Management	
Business - Sales	
Business Administration	Glendale
Business Administration - Accounting (Co-op)	
Business Administration - Accounting (Academic)	
Business Administration - Human Resources (Co-op)	
Business Administration - Marketing (Co-op)	
Business Administration - Operations Management (Co-op)	
Computer/Electrical/Electronics Engineering Technician	Welland
Computer Engineering Technician	
Electrical Engineering Technician	
Electronics Engineering Technician	
Computer/Electrical/Electronics Engineering Technology	Welland
Computer Engineering Technology (Co-op)	
Electrical Engineering Technology (Co-op)	
Electronics Engineering Technology (Co-op)	
Computer Programmer/Analyst	Welland
Computer Programmer	
Computer Programmer/Analyst (Co-op)	
Culinary Management (Co-op)	Maid of the Mist Centre
Dental Office Administration	Welland
Educational Resources and Special Needs	Welland
General Arts & Science	Welland/Glendale
Horticultural Technician (Co-op)	Glendale
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Landscape Technician (Co-op)	Glendale
Office Administration - General	Welland
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